

# **Home First Central FSP**

## Supportive Housing and Behavioral Health Services

Home First Central is Orange County's Housing Full Service Partnership (FSP) program focused on providing housing-supportive services and behavioral health services to individuals residing in Orange County. Our purpose is to support members in maintaining stable housing, including resolving housing challenges and providing case management and behavioral health-focused services.

Our staff create a supportive environment, including services that are based on individual needs, hopes, and dreams. Home First Central FSP members have access to a multidisciplinary team that includes peer specialists, case managers, a psychiatrist, a nurse practitioner, masters-level team leads, and clinicians who have experience in providing housing-supportive services and behavioral health-focused services.

Our program is based on the Assertive Community Treatment (ACT) model and Housing First Principles. This means that our goal is to help members become independent, productive, and integrate back into their community. We also connect members to the proper resources that can help them achieve their goals.

## What to Expect

At the Home First Central FSP program, we believe in a person's right to full inclusion and a meaningful life of their own choosing free of stigma and discrimination. Partnership with Home First Central FSP starts with a brief assessment of housing needs. We work collaboratively with program members to develop a comprehensive care plan prioritizing resolving immediate housing challenges and increasing housing stability.

**Our culture** is based on respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive environment.

**Our staff** are passionate, resourceful, and motivated. They are your partners and will be throughout your journey.

**Our goal** is to be a place that helps you thrive. We want you to be the leader of your journey, and to create the life you want for yourself.

"The ache for a home lives in all of us, the safe place we can go as we are and not be questioned."

— MAYA ANGELOU







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#### **OFFICE HOURS**

Mon, Wed, Fri & Sat: 8:00 a.m. to 5:00 p.m. Tues & Thurs: 8:00 a.m. to 7:00 p.m.

On-call staff are available 24 hours a day and can be reached at 657-261-7140.



#### Services at Home First Central FSP

- Community based services—home visits and other community-based locations comfortable for members
- Housing focused intensive case management services
- Housing specific skill building and tenancy-focused services
- Comprehensive assessment and treatment
- Co-occurring services addressing mental health and substance use needs
- Crisis intervention services
- Medication support and education
- 24/7 availability

## **Becoming a Member**

Referrals are made through the Orange County Health Care Agency.

### **Admission Criteria**

- Residents of Orange County, ages 18 and older, who have been diagnosed with a serious mental illness
- Individuals who have been housed and are currently at risk of losing housing in Orange County





This program operates under contract with Orange County Health Care Agency and is a Mental Health Services Act (MHSA) funded program.

# **Supportive Housing**

#### **Housing First Approach**

- Home First prioritizes supporting individuals in permanent housing.
- We recognize housing as foundational to effectively address health and other complex case management needs.
- Support services are voluntary, flexibly implemented, and collaboratively determined with each individual.
- Individuals served have complex needs that include housing stability needs as well as behavioral health, substance use, and chronic health conditions, and case management.
- Evidence-based practices (EBPs)
  used to increase housing stability:
  Housing First, Critical Time Intervention,
  Strengths-Based Case Management,
  Motivational Interviewing, and
  Harm Reduction.

#### Partnerships

 We partner with Orange County Health Care Agency, community-based landlords, public housing authorities, and permanent supportive housing (PSH) developments to ensure continuity of care, collaboration, increased housing stability, and successful tenancy.