



# Telecare Olympia Next Steps

## Long-Term Evaluation & Treatment (E&T) Program

### ESSENTIALS AT A GLANCE

Program Type:	<b>Acute</b>
To Make Referrals:	Telecare will prioritize admission for individuals being referred by Telecare short-term E&Ts, but we welcome referrals from all Managed Care Organizations (MCO) and Administrative Services Only (ASO) partners in Washington State.
# of Beds:	11 beds
Ages Served:	<p>Telecare Olympia Next Steps (ONS) is designed, modeled, and staffed to serve individuals with a documented period of stability and recovery, who are ready to step down to a lower level of care from the traditional E&amp;T model. Generally speaking, individuals with a primary diagnosis of organic, characterological, or substance use disorder will not be admitted.</p> <p><b>Physical Criteria:</b> Medical stability without needs for complex medical care, compliance with medications to manage complex or acute medical diagnoses, ability to independently perform activities of daily living, and self-transfer.</p> <p><b>Behavioral Criteria:</b> Medication compliance, free from recent behavior likely to require emergency or compelled medication, seclusion, physical or mechanical restraint, elopement, physical intervention related aggression, failure to observe the rights and boundaries of other clients, recent suicide attempt or gesture, and/or the need for an enhanced level of observation.</p> <p>ONS will comprehensively assess each referral utilizing Telecare's admission and exclusionary criteria, in addition to assessing the readiness of step down to ONS, and with consideration for the existing milieu and client mix. Please reach out to the program directly with specific referral- related questions.</p>
Address:	3436 Mary Elder Road NE, Olympia, WA 98506
Contact	360-819-1741 Main; 360-491-0307 Fax
About the Program:	<p>The Telecare Olympia Next Steps program is a 11-bed secure facility and includes a full staff of registered nurses, clinicians, peer and recovery specialists on call 24 hours a day to provide wraparound support. Typical length of stay is 90 days.</p> <p>This program offers 24-hour support, psychological assessments, assistance with symptom reduction, medication services, and discharge planning, with the goal of preparing individuals to return home or to lower levels of care as appropriate.</p> <p>Telecare Olympia Next Steps is under contract with Washington State Department of Social and Health Services.</p>