



Thurston Mason E&T

Evaluation & Treatment (E&T) Services

At the Telecare Thurston Mason Evaluation and Treatment (E&T) center, we provide intensive mental health and psychiatric treatment services in a safe, welcoming environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on the journey to recovery in a comfortable, structured environment. Our secure 16-bed facility includes services provided by registered nurses, clinicians, and peer and recovery specialists in accordance with licensing and certification requirements.

Our services emphasize choice-making skills and harm-reduction techniques, utilizing our Recovery Centered Clinical System (RCCS). We provide a safe, respectful environment where individuals can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

What to Expect

Upon arrival, a diverse clinical team will conduct an individualized assessment and work with members every step of the way to support their goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are partners in recovery, and are there throughout the journey toward recovery.

Our goal is to be a place that helps individuals thrive. We want each person to be the leader of their own recovery journey, and to create the life they envision.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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Olympia, WA 98506
360-528-2590 Main
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OFFICE HOURS

24 hours a day, 7 days a week
Visiting hours are:
Monday- Friday: 6 pm to 8 pm
Saturday - Sunday: 10 am to 2 pm
Subject to change. Please call
360-528-2590 prior to your visit.



Services at the Thurston Mason E&T

A variety of therapies and activities adapted to individual needs and preferences are offered as a part of each treatment plan. Services at the Thurston Mason E&T include, but are not limited to:

- Comprehensive evaluation and risk assessment, covering mental health and substance use
- Psychiatric assessment and treatment
- Peer support and community group meetings
- Social and recreational activities
- Supportive counseling on group and individual basis
- Medication administration and management

Becoming a Member

Referrals are made primarily through designated crisis responders, but may also be made by local hospital emergency departments, and community providers to Telecare's Admission Concierge service.

Admission Criteria

- Adults, ages 18 and older
- Have a chronic or serious mental illness disorder and experiencing an acute crisis (this is determined through an assessment process with one of our contracted providers)
- If your family or friend is experiencing a mental health crisis or is in need of help, please visit your local emergency department. If you're a provider looking for placement, please contact Telecare Central Admissions at 800-589-5920.

Our Story

The Evaluation and Treatment (E&T) center is a 16-bed program designed to serve adults, voluntary and involuntary, with acute mental health symptoms. A typical length of stay is up to 90 days. We work closely with the Involuntary Treatment Court (ITA) to determine discharge and linkage planning.

Co-located with the Olympia Next Steps program, the E&T provides clients with high-level, individualized mental health services from healthcare professionals who are experienced in emergency and acute psychiatric care. Length of stay can range from a few days to a few weeks depending upon individual needs.