



## King County E&T

### Evaluation & Treatment (E&T) Services

At the Telecare King County Evaluation and Treatment (E&T) center, we provide intensive mental health and psychiatric treatment services in a safe, welcoming respected environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support you need on the journey to recovery in a comfortable, structured environment. Our 16-bed facility includes wraparound support from a multidisciplinary staff who constantly engage with members to maintain a safe environment.

Our services emphasize choice-making skills and harm-reduction techniques. Our intent is to ensure that you receive immediate assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

### What to Expect

Upon arrival, a diverse clinical team will conduct an individualized assessment and work with you every step of the way to support your goals in life.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop and foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



#### CONTACT

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#### OFFICE HOURS

24 hours a day, 7 days a week



## Services at the King County E&T

Services at the King County E&T include, but are not limited to:

- Comprehensive evaluation and risk assessment, covering mental health and substance use
- Psychiatric assessment and treatment
- Peer support and community group meetings
- Social and recreational activities
- Supportive counseling on group and individual basis
- Medication administration and management

## Referrals

Referrals are made primarily through local hospital emergency departments, but may also be made from community providers and designated mental health professionals.

## Admission Criteria

- Clients admitted into the E&T will be adults aged 18 and older who are diagnosed with a severe mental illness
- Each referral will be screened for medical care needs, safety, and security to ensure appropriate admission to the E&T

## Coordinating Care

Telecare works hard to ensure that communication and service coordination between the E&T facility and other community resources, are in place and working well so that your experience is as smooth as possible. Some of the agencies we coordinate with include inpatient and outpatient community providers, law enforcement, hospital emergency departments, county courts, and other allied service providers.

This program is funded by King County Integrated Care Network and Behavioral Health Administrative Services Organization.