



Stults House

Residential Treatment Home

Stults House is a five-bed residential mental health program for individuals who need assistance in activities of daily living (ADL) and are stepping down from a more institutionalized setting.

Residents admitted into this treatment home will be assisted with household responsibilities, establishing and maintaining personal relationships, conducting personal business in the community such as shopping, banking, accessing medical and social services, establishing leisure pursuits, vocational assistance and educational support (for those interested), and other life skill areas related to re-integration into the community. Our multidisciplinary team includes a psychiatric prescriber, a program director, assistant director of rehabilitation services, personal service coordinators, a rehabilitation therapist, recovery specialists, and peer support specialists.

All program services are based on individual treatment needs including, but not limited to: group and individual therapy; medication administration; symptom management; coping skills; physical health maintenance, and social and recreational activities.

What to Expect

Stults House is open 24 hours a day, 7 days a week. Treatment and support services are individualized and guided by the resident's hopes and dreams. Our service range is comprehensive, culturally competent, and flexible.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff is passionate, resourceful, and motivated. They are partners in recovery.

Our goal is to be a place that helps individuals thrive, despite any challenges they might face along the way. We want residents to be the leader of their recovery journey, and to create the life they want for themselves.

Accessing Services

Referrals are coordinated through the Choice Model Team of the Multnomah County Addictions and Mental Health Department.



CONTACT

Elizabeth Armstrong
805 SE 151st Ave
Portland, OR 97233
971-271-7270
earmstrong@telecarecorp.com



Services at Stults House

- Psychiatric prescribing
- Medication management and administration
- Can support urinary analysis on site
- Case management
- Individualized assessment and treatment planning
- Crisis intervention
- Peer-delivered services
- Residential personal care services
- Life skills training for greater independence (transportation, budgeting, ADLs, shopping, cooking, etc.)
- Individual and group skills training for mental health and co-occurring issues
- Individual and group psychotherapy (within scope of training and depending on scope of need)
- Ability to serve individuals with either traumatic or acquired brain injuries with poor impulse control or history of assaultive behavior, property destruction, self-injurious behavior
- Referral and coordination for services not offered at Stults House (i.e. substance treatment, sex offender treatment, primary care, medical, dental, vision, etc.)
- Stults House is not equipped to provide polydipsia services.

Our Story

Stults House was developed to meet a gap in community-based services. Stults House was designed to help residents gain skills to increase overall independence and to experience success while living in the community.

Stults House is named after Dan Stults, a Telecare employee who passed before the opening of the program in 2015. His memory lives on in the hopes and dreams of our residents, the beautiful and spacious physical space, and the relentless dedication of our residents and staff to the mission of recovery.

This program is funded by Medicaid-Oregon Health Plan.

Admission Criteria

The following criteria must be met by the individual:

- Is in need of care, treatment, and supervision.
- Is at least 18 years of age.
- Referred and currently approved for payment through Choice Model process.
- Does not require continuous nursing care, unless a reasonable plan to provide such care exists, the need for residential treatment supersedes the need for nursing care, and the division approves the placement.
- Is able to participate in the therapeutic milieu.
- Approved by county in collaboration with contractor, the program treating referral hospital, responsible Community Mental Health Program (CMHP) and/or the mental health organization (if enrolled) responsible for the resident.
- Have an evacuation capability consistent with the facility's single-room occupancy classification.
- Has been assessed to have a mental or emotional illness, or a suspected mental or emotional illness. This diagnosis must be a significant focus of the level of care requested.
- Meets additional criteria required or approved by the division through contractual agreement or condition of licensing.
- Admission is not solely for purposes of placement or the convenience of the member of the family, or the provider.
- Admission will not be denied nor titration required as a condition of admission for those prescribed medicated assisted treatment.
- Arrangements with an external provider for medicated assisted treatment (MAT) will need to be determined prior to admission, as this site is not able to prescribe (MAT), nor store/administer medicines that we do not prescribe.