

# **Telecare OASIS**

Outpatient Assisted Services and Integration Support (OASIS) Full-Service Partnership (FSP) Assisted Outpatient Treatment (AOT) Permanent Supportive Housing (PSH)

At the Telecare OASIS program, you have the opportunity to connect with a group of people who are here to be your support team.

We believe that recovery starts from within and will do whatever it takes to support you on your recovery journey. We have a multidisciplinary team that includes a psychiatrist; a nurse; a program coordinator/licensed team lead; a clinician; a peer recovery coach; personal service coordinators with experience in drug, alcohol, and mental health treatment; and specialists in housing, education and employment, who are all here to help you on your path.

Each program type within Telecare OASIS follows the Recovery-Centered Clinical System (RCCS) model, which drives the supportive environment and treatment. OASIS also provides wraparound services that are based on your needs, hopes, and dreams, and connects you to the proper resources that can help you achieve your goals.

## What to Expect

Your recovery journey is guided by an individualized service plan. Our staff offers advocacy for individuals who have extensive contacts with the criminal justice system. We will assist you in recovery by tailoring services so you can better manage your conditions, monitor your progress toward your goals, adjust services to fit your changing needs, and partner with community services to ensure continuity of care.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

**Our goal** is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."









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#### **OFFICE HOURS**

Monday- Friday: 8:30 am to 5:00 pm Saturday: By appointment only Sunday: Closed



#### Services at Telecare OASIS

Services include but are not limited to:

- Community-based, wraparound services
- Case management services
- Mental health assessment and treatment
- Crisis intervention
- Medication support and education
- Co-occurring disorder treatment
- Housing support
- Vocational and educational services
- Linkage to benefits assistance

## **Accessing Services**

Telecare OASIS serves adults ages 18 years and older who meet the specialty mental health criteria requirements defined by Sacramento County Behavioral Health Services' quality management, policy, and procedures.

### **Admission Criteria**

- The program receives referrals from the county. Referred individuals may be uninsured, Medi-Cal beneficiaries, or privately insured (AOT only).
- Referrals to the AOT program come directly from the countyoperated AOT engagement team.
- NPLH referrals begin with county behavioral health FSP referral and require coordination with regional coordinated entry system (CES) per NPLH regulations.

## **Our Story**

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in outcomes-driven services for individuals with complex needs who are at risk of crisis, hospitalization, or recividism into the criminal justice system. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations. We provide services in multiple states and have more than 4,000 employees.

OASIS is contracted through the County of Sacramento, Department of Health Services, and Division of Behavioral Health Services and funded by the Mental Health Services Act.