

Telecare OASIS

Outpatient Assisted Services and Integration Support (OASIS) Assisted Outpatient Treatment (AOT)

At the Telecare OASIS Assisted Outpatient Treatment (AOT) program, you have the opportunity to connect with a group of people who are here to be your support team.

We know that the journey to recovery can be a tough one, and we believe that no one should have to go through it alone. We have a multidisciplinary team that consists of a peer specialist, nurses, a psychiatrist, a vocational specialist, a clinician, and alcohol drug specialists. Crisis services have on-call staff available 24/7 and field-based services are delivered in the community where partners live and work.

Our program is based on the Assertive Community Treatment (ACT) model, where we connect you to the proper resources that can help you achieve your goals. We will work together with your family, friends and the court system to help you take steps towards making recovery happen.

What to Expect

After becoming a part of the AOT program, we are here to help you meet your needs. We work with you to meet these needs by assigning you a case manager who can help you with life skills coaching, co-occurring treatment, obtaining benefits and community integration.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive environment.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery and will be throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

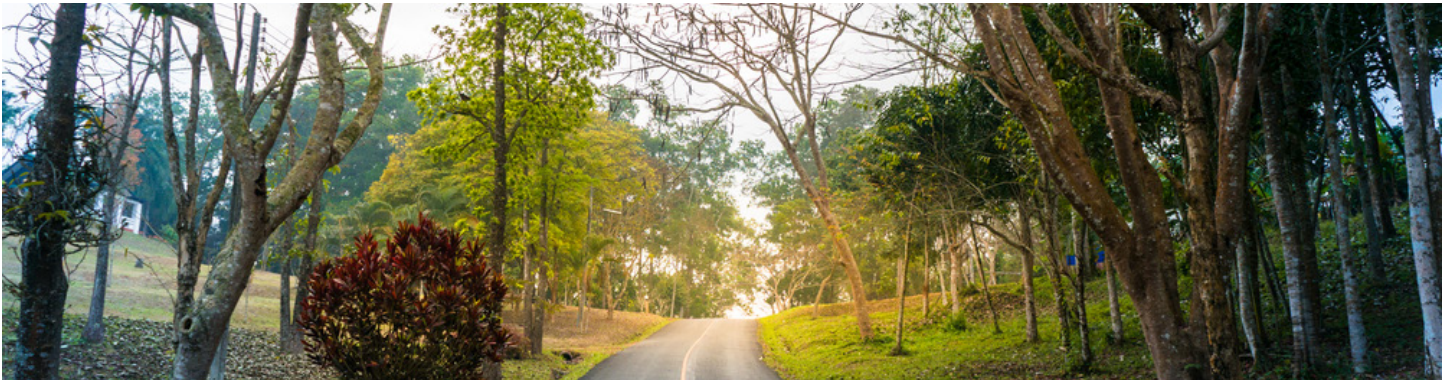


CONTACT

1103 N B Street, Suite D
Sacramento, CA 9581
916-378-8266 Main
916-529-4750 Fax

OFFICE HOURS

Monday- Friday: 8:30 am to 5:00 pm
Saturday: By appointment only
Sunday: Closed



Services at Telecare OASIS AOT

- Mental health services
 - Individual rehabilitation utilizes evidence-based practices such as motivational interviewing, cognitive behavioral therapy, and skill building
 - Assessment and client planning
 - Educational and vocational services
 - Co-occurring disorder treatment
- Therapeutic groups
- Crisis intervention
- Medication support
- Case management

Accessing Services

Telecare OASIS serves adults ages 18 years and older who meet the specialty mental health criteria requirements defined by Sacramento County Behavioral Health Services' quality management, policy, and procedures.

Admission Criteria

- The program receives referrals from the county. Referred individuals may be uninsured, Medi-Cal beneficiaries, or privately insured (AOT only).
- Referrals to the AOT program come directly from the county-operated AOT engagement team.
- NPLH referrals begin with county behavioral health FSP referral and require coordination with regional coordinated entry system (CES) per NPLH regulations.

Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in outcomes-driven services for individuals with complex needs who are at risk of crisis, hospitalization, or recidivism into the criminal justice system. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations. We provide services in multiple states and have more than 4,000 employees.

Blended Medical & Recovery Model

We recognize the importance of having meaningful activities, as well as the right to have access to appropriate, effective medications and evidenced-based practices for symptom management. Services are recovery-focused, strengths-based, and anchored in Telecare's Recovery-Centered Clinical System (RCCS) principles, which emphasize choice-making skills and harm-reduction techniques.

OASIS is contracted through the County of Sacramento, Department of Health Services, Division of Behavioral Health Services.