



Tranquil Springs CRT

Crisis Residential Treatment (CRT)

At Tranquil Springs CRT, we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming inpatient environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured setting. Our 15-bed crisis residential treatment (CRT) program has a multidisciplinary team of clinicians, nursing, and residential care staff.

Our services emphasize choice-making skills and harm-reduction techniques. Staff work with you within your cultural dynamic in building independence and self-responsibility in order to nurture your recovery and successfully transition you home or to less restrictive community settings.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

Open 24 Hours, 7 Days A Week



Services at Tranquil Springs CRT

- Comprehensive assessment
- Individualized service plan development
- Integrated treatment for co-occurring mental health and substance use issues
- Individual and group therapy
- Planned social rehabilitation and recovery activities
- Peer support
- Case management
- Crisis intervention
- Medication support services
- Comprehensive discharge planning

Accessing Services

- Referrals will come from the Riverside University Health System - Behavioral Health (RUHS-BH) system of care or their designees (e.g., private inpatient psychiatric facilities).

Admission Criteria

- Residents of Riverside County, ages 18 and older
- Persons diagnosed with a mental illness who are experiencing a mental health crisis, and who may have a co-occurring substance abuse disorder
- Walk-in clients and self-referrals are not accepted at the crisis residential program

Our Story

Opened in 2023, Tranquil Springs CRT is a short-term, voluntary 15-bed crisis residential program that expands the menu of crisis services available in the county, and helps reduce the use of involuntary treatment. The county's goal is to help people manage crises in the least restrictive manner possible, with significant focus on recovery supports and principles. The typical length of stay is 12 days.

This program is funded by Riverside University Health System - Behavioral Health (RUHS-BH) system.