

Telecare Santa Maria Adult/Older Adult FSP

Full Service Partnership

At the Telecare Santa Maria Adult/Older Adult FSP program, you have the opportunity to connect with a group of people who are here to be your support team.

We believe that recovery starts from within and will do whatever it takes to support you on your recovery journey. Our multidisciplinary team consists of an administrator, a clinical director, case managers, and peer staff who are all here to help you develop a transition plan so you can continue to recover and succeed once discharged from the program.

Telecare Santa Maria Adult/Older Adult FSP staff create a supportive environment, including 24/7 access to a comprehensive and flexible range of wraparound services based on your needs, hopes, and dreams. The majority of our services are provided in the community where you live, work, and socialize.

What to Expect

Your recovery journey is guided by an individualized service plan. You help create this plan by clarifying your needs and goals moving forward. We help you enhance your recovery process though activities that empower and assist you with stabilizing your health, and by partnering with community services to ensure continuity of care outside of the program.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive environment.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery and will be throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND







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OFFICE HOURS

Monday - Friday: 8:30 a.m. to 4:30 p.m. Crisis Line: 805-266-8886



Services at Telecare Santa Maria AdultOlder/Adult FSP

- Psychiatric services
- Crisis assessment and intervention
- Substance abuse services
- Care management
- Advocacy obtaining entitlements including HUD support.
- Money management
- Medication management
- Coordination with health care and other providers
- Housing services and support
- Pre-employment skill development
- Optimal wellness/health care
- Meaningful healthy relationships
- Purposeful activity

Admission Criteria

- Adults ages 18 and older
- Individual has a Primary Psychiatric Diagnosis of Schizophrenia, other psychotic disorder or affective disorder.
- Need for mental health services that cannot be met with other available community-based services
- High risk of experiencing a mental health crisis or requiring a more restrictive setting if intensive rehabilitation mental services are not provided
- One or more of the following:
 - Two or more psychiatric inpatient hospital admissions in the past year
 - Significant independent living instability such that the individual would be in a long term residential or hospital placement without intensive community-based rehabilitation, treatment, and support services
 - Co-occurring addictions disorders
 - Frequent use of mental health and related services yielding poor outcomes, such as contacts with the criminal justice

Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recoveryfocused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations.

This program is funded by Santa Barbara County Department of Behavioral Wellness

Becoming a Member

Members are referred through Santa Barbara County Department of Behavioral Wellness.