

# **Stanislaus PHF**

### Psychiatric Health Facility

At the Stanislaus Psychiatric Health Facility (PHF), we provide intensive mental health and psychiatric treatment services in a safe, welcoming environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured environment. Our secure 16-bed facility has a multidisciplinary team that includes a psychiatrist, social workers, a rehabilitation therapist, registered nurses, recovery specialists, nurse practitioner, and peer recovery coaches.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a safe, respectful environment where you can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care and receive appropriate referrals to community-based resources.

### What to Expect

Your recovery plan starts with you. Upon arrival, our diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

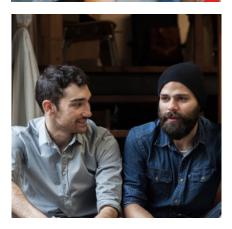
Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND







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#### **OFFICE HOURS**

Open 24-hour, 7 days per week



#### Services at Stanislaus PHF

- Comprehensive evaluation and risk assessment
- Collaborative treatment planning with a recovery focus
- Crisis planning
- Supportive counseling on group and individual basis
- Medication evaluation and management
- Discharge planning, including linkage with community services and support

### Becoming a Member

Individuals are referred by the crisis emergency response teams and admitted to the Stanislaus PHF on an involuntary legal hold.

### **Admission Criteria**

Adult residents of Stanislaus County who have an acute mental health emergency. Adult residents, 18 years of age and older, who reside in Stanislaus County, that are uninsured of having Stanislaus County Medical experiencing an acute mental health emergency are eligible to receive services. Stanislaus PHF is contracted with Stanislaus County and funded at a daily rate based on the daily census.

## **Our Story**

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations.

This program is funded by Stanislaus County.