



Santa Cruz CSP

Crisis Stabilization Program

At the Santa Cruz Crisis Stabilization Program (CSP), we are here to help you find relief from distress and assist you in maintaining stability in your life.

We believe recovery starts from within, and that our job is to do whatever it takes to help you cope with crisis and gain skills to deal with your challenges more effectively. Our 12-chair program has a multidisciplinary team of clinicians, psychiatric prescribers, and nursing staff who are all here to help you on your path.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a safe, respectful environment where you can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to resolve your current crisis in ways that support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

2250 Soquel Avenue, Suite 100
Santa Cruz, California 95062
831-600-2800 Main
831-600-2810 Fax

OFFICE HOURS

Open 24-hours, 7 days per week



Services at Santa Cruz CSP

A variety of therapies and activities adapted to your needs and preferences are offered as a part of your 23 hour short-term stay.

Services at Santa Cruz CSP include, but are not limited to:

- Access to nurses, social workers, and other clinical staff
- Medication management
- Development of service/recovery plan
- Comprehensive clinical assessments
- Linkage and referral to services including assistance with obtaining entitlements, community treatment resources, and referral to appropriate medical services

Becoming a Member

If you or a family member needs emergency mental health services, you can come to the program located at: 2250 Soquel Avenue, Suite 100, Santa Cruz, CA 95062.

You will receive a screening by crisis staff to determine needs and eligibility. If the crisis warrants admission to an inpatient service, you will be referred to the adjacent inpatient hospital.

Admission Criteria

- Adults, ages 18 and older (adults can be admitted voluntarily or involuntarily on 5150)

Our Story

Telecare's crisis services are strength-based, empowering, person-centered, and wellness and recovery-oriented. The Santa Cruz CSP program offers a calm and welcoming homelike environment where referred individuals in crisis will receive immediate assistance to stabilize acute symptoms and avoid inpatient hospitalization.

This program is funded by Santa Cruz County.