



## SHINE FSP

### Support Hope Independence New Empowerment

At the Sutter-Yuba Support Hope Independence New Empowerment (SHINE) Full Service Partnership (FSP) program, we are here to help you take positive steps toward the things that matter in your life.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey. We have a multidisciplinary team that includes peer specialists, a masters-level team lead, and personal service coordinators with experience working in both mental health and co-occurring substance use, who are all here to promote a program culture where resilience and hope can flourish.

Our program is based on the Assertive Community Treatment (ACT) model. SHINE FSP staff create a supportive environment, including services that are based on your needs, hopes and dreams. We also connect you to the proper resources that can help you achieve your goals.

### What to Expect

Your recovery plan starts with you. We use transformational care planning, a recovery-oriented treatment planning method to develop an individualized recovery plan to guide your work in the program. We assist you by giving you the appropriate skills where you will be better able to manage your conditions more effectively, monitor your progress toward your goals, and adjust services to fit your changing needs.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



#### CONTACT

201 D Street  
Marysville, CA 95901  
530-441-2400 Main  
530-576-5023 Fax

#### OFFICE HOURS

Monday - Friday, 9:00 a.m. – 5:00 p.m.



## Services and Supports

Services include, but are not limited to:

- Outreach and engagement
- Comprehensive assessment and treatment
- Community-based, individualized services
- Integrated co-occurring services
- Family education support and services
- Housing support
- Support in attending medication management appointments
- Vocational and educational services
- Benefits establishment

## Becoming a Member

- Members identified by SYBH will be referred directly to the FSP
- Telecare's Mobile Engagement team or New Haven Support Services team can identify individuals and refer them to the FSP program. The FSP team will conduct an intake and if client meets requirements admit them to the program.
  - If client does not meet program requirements, they will refer to appropriate community services
- Yuba County Collaborative Court can refer up to four members

## Admission Criteria

- Sutter/Yuba County residents ages 18 and older; may also have Sutter/Yuba County Medi-Cal
- Has, as a result of a serious mental illness, significant functional challenges in one or more major areas of functioning (e.g., interpersonal relations, emotional, vocational, educational, or self-care) for at least six months

## Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in outcomes-driven services for individuals with complex needs who are at risk of crisis and hospitalization. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations. We provide services in multiple states and have more than 4,000 employees.

This program is funded by Medi-Cal and is contracted by Sutter Yuba Behavioral Health.