



Muriel Wright Recovery Center CRT

Crisis Residential Treatment (CRT)

At the Muriel Wright Recovery Center Crisis Residential Treatment (CRT) program, we are here to help you find relief from distress and assist you in maintaining stability in your life.

We believe that recovery starts from within, and that our job is to do whatever it takes to help you cope with crisis and gain the skills you need to deal with your challenges more effectively. Our voluntary CRT has a multidisciplinary team of clinicians, psychiatric prescribers, nursing staff, and peer specialists who are all here to help you on your path.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a safe, respectful environment where you can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to resolve your current crisis in ways that support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“Our hopes are to allow you the time to process your life and provide the tools for a successful individualized recovery.”

—DR. MICHAEL C. YBARRA, SUTS PROGRAM DIRECTOR



CONTACT

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OFFICE HOURS

Open 24-hour, 7 days per week
Drop-ins by appointment



Services at Muriel Wright Recovery Center CRT

Services include, but are not limited to:

- Comprehensive assessments
- Individualized service plan development
- Integrated treatment for co-occurring mental health and substance use issues
- Individual and group therapy
- Planned social rehabilitation and recovery activities
- Peer support and WRAP
- Case management
- Crisis intervention
- Medication support services
- Comprehensive discharge planning

Accessing Services

Our program accepts individuals by referral only. Referral sources include Santa Clara County Behavioral Health Services Department (BHSD) Criminal Justice Services (CJS) Division, the Behavioral Health Treatment Court, the Re-Entry Resource Center, Evans Lane Wellness and Recovery Center, and other CJS providers and referral sources.

Admission Criteria

- Residents of Santa Clara County.
- Adults aged 18 and older experiencing mental health challenges.
- Individuals returning to the community from a county correctional facility, residential treatment, or hospitalization.
- Individuals linked to and receiving services from a service provider contracted by the Santa Clara County Behavioral Health Services Department (BHSD) Criminal Justice Services (CJS) Division.

Our Story

We are excited to partner with Santa Clara County to provide support from a multidisciplinary staff who constantly engage with individuals to maintain a safe and healing environment.

Telecare's crisis services are strengths-based, empowering, person-centered, and wellness and recovery-oriented. The Muriel Wright Recovery Center CRT program offers a calm and welcoming homelike environment where referred individuals will receive immediate assistance to stabilize acute symptoms and prepare for a successful transition to treatment at a lower level of care.

The Muriel Wright Recovery Center CRT program is located on Santa Clara County's Muriel Wright behavioral health campus.

This program is funded by Santa Clara County.