#### **About Telecare**

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations. We currently provide services in multiple states and have more than 3,000 employees.

#### Telecare's Mission

Deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.

#### Our Statement of Purpose

Telecare exists to help people with complex needs realize their full potential.

#### Contact

Sacramento office number: 916-830-7901

Sacramento on-call number: 916-830-7901, press 1

Central Valley office number: 209-941-3539 Central Valley on-call number: 916-659-0591

Medical Centers Served: Roseville, Sacramento, South Sacramento,

Central Valley, Stockton, Manteca, and Modesto

For additional questions, contact Shannan Taylor, Director of Population Management Services, at sntaylor@telecarecorp.com or 916-216-8339.



THIS PROGRAM OPERATES UNDER CONTRACT WITH KAISER PERMANENTE.

#### TELECARE CORPORATE OFFICE

### Welcome







## Kaiser ICT: Sacramento & Central Valley

Regional Intensive Community Treatment Services for Northern California

900 Fulton Ave #230 Sacramento, CA, 95825



# Welcome to the Kaiser ICT Sacramento & Central Valley Hub

#### **About Kaiser ICT**

The Kaiser Intensive Community Treatment (ICT) program provides specialty mental health care services that partners with you and your Kaiser Permanente wellness team to achieve a state of wellness and quality of life that is meaningful for you.

#### Services at Kaiser ICT

- 24/7 crisis intervention
- Individualized care and safety planning
- Dialectical behavior therapy (DBT) skills coaching
- Substance use and addiction support
- Benefits acquisition
- Case management
- Rehabilitation
- Community re-entry
- Interpersonal resource building
- Self-advocacy and confidence

Other resources include housing, employment, transportation, self-assessment tools, and individualized linkage and support to all Kaiser Permanente member services.

#### **Our Team**

We have a diverse team of clinicians, substance use specialists, and peer staff that will work with you every step of the way to resolve your current crisis in ways that support your goals in life. Our team of recovery-centered providers also includes Spanish speaking team members.

#### Who We Serve

Serve up to 195 Kaiser Permanente members in the greater Sacramento and Central Valley areas who may be experiencing significant impairment in their daily lives due to mental health conditions.

#### Becoming a Member

Referrals are made through Kaiser Permanente.

#### **Admission Criteria**

- Members of Kaiser Permanente, ages 18 and older, who are experiencing a diagnosed mental health condition
- Have had previous patterns of high inpatient care utilization or otherwise be at high-risk for readmission

#### Non-Discrimination

Clients will not be denied any rights on the basis of spiritual belief, cultural orientation, gender, sexual orientation, gender identity, marital status, physical situation, or psychological characteristics.

#### Complaints and Grievances?

If you have concerns about the service being offered to you please let us know. You can call us directly at 916-830-7901. If we are unable to assist you, you can call Kaiser Member Services at 1-800-464-4000.

If you would prefer, you can complete a Satisfaction Survey before you leave or mail your feedback to us.