

# **King County FHARPS**

### Forensic Housing & Recovery Through Peer Services

At the King County Forensic Housing and Recovery through Peer Services (FHARPS) program, we partner with you to learn what is important to you, the goals you have for your own good health, and to help you find the tools and guidance you may need to feel connected to your community. We meet you where you're at to help you find and maintain housing, develop a network of providers, return to school, improve family relationships — generally, whatever it takes to assist you in your recovery.

We know that the recovery journey can be a tough one, and we believe that no one should have to go through it alone. Our multidisciplinary team includes peer specialists, case managers, a psychiatrist, a nurse practitioner, masters-level team leads, and clinicians who have experience in providing housing-supportive services and behavioral health-focused services.

Our program is based on the Assertive Community Treatment (ACT) model. Staff will work with you to create an environment where you feel supported by providing wraparound services that are strengths-based and anchored in recovery principles. We also connect you to the proper resources that can help you achieve your goals.

### What to Expect

At the King County FHARPS program, we believe in a person's right to a meaningful life of their own choosing, free of stigma and discrimination. When you first meet with us, staff will partner with you to conduct an assessment of your needs. We will then work with you to develop a comprehensive care plan that prioritizes resolving any immediate concerns including housing stability, medication management, or other life goals you may have.

**Our culture** is based on respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive environment.

**Our staff** are passionate, resourceful, and motivated. They are your partners and will be throughout your journey.

**Our goal** is to be a place that helps you thrive. We want you to be the leader of your journey, and to create the life you want for yourself.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND









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For more information, go to telecarecorp.com/king-county-fharps

#### **OFFICE HOURS**

Monday – Friday: 8:30 a.m. – 5:00 p.m. Saturday – Sunday: Please call the office



### Services at King County FHARPS

- Mental health assessment
- Treatment plan development
- Case management
- Crisis intervention
- Medication support
- Linkage to advocacy services
- Co-occurring substance use interventions
- Motivational Interviewing
- Permanent supportive housing
- Cognitive Behavioral Therapy

#### **Becoming a Member**

Referrals are coordinated through the Forensic Navigator Program.

# **Admission Criteria**

- Eligible individuals are those who are identified as unstably housed and are:
- Ordered into an outpatient competency restoration program, or
- On the Research and Data Analysis referral list/ receiving Forensic PATH services, or
- Referred by a forensic navigator, or
- Exiting crisis triage/stabilization facilities and meet certain eligibility criteria:
- Have had at least one prior contact with the forensic mental system in the past 24 months, or were brought to a crisis triage or stabilization facility via arrest diversion under RCW 10.31.110 as determined by the crisis triage and stabilization provider.

- Need assistance accessing independent living options and would benefit from short -term housing assistance beyond the 14-day vouchers.
- Are diagnosed with an acute behavioral health disorder and are assessed to need housing support beyond what is offered through the crisis triage and stabilization facilities or the shortterm voucher.
- Are unstably housed.
- Are not currently in the community outpatient competency restoration program.
- Do not meet Involuntary Treatment Act (RCW 71.05) commitment criteria.

## **Our Story**

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in outcomes-driven services for individuals with complex needs who are at risk of crisis and hospitalization. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations. We provide services in multiple states and have more than 4,000 employees.