

# San Joaquin Peer Navigation

### **Recovery-Focused Support**

At Telecare Corporation's San Joaquin Peer Navigation program, you have the opportunity to connect with a group of people who are here to be your support team.

We believe that recovery starts from within, and will do whatever it takes to support you on your recovery journey. Our team of peer specialists promotes a program culture where resilience and hope can flourish, and losses can be recovered.

Our program model is based on peer support and linkages. We have a team of peer support professionals who will work with you every step of the way so you can achieve your recovery goals. We do this by collaborating with you to create an individualized recovery plan that is specific to your needs, hopes, and dreams.

### What to Expect

At the San Joaquin Peer Navigation program, our goal is to provide you with, or get you connected to, a full range of services to ensure continuity of care outside of the program. We provide linkage to community-based resources and medical and psychiatric services, and provide support and education to family and significant others.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

### "The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND







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#### PROGRAM HOURS Monday to Friday, 8:30 a.m. to 5:00 p.m.





### Services at San Joaquin Peer Navigation

- Outreach and engagement
- Individualized recovery plan
- Linkage to outpatient care
- Linkage to community resources
- Common Ground tool
- Whole Health Action Management (WHAM) tool
- Recovery educational groups

### **Accessing Services**

Referrals are made through San Joaquin County crisis facilities.

### **Admission Criteria**

Adults, ages 18 and older, who have recently participated in San Joaquin County Behavioral Health Services' 24-hour crisis response services, which includes the crisis unit, the crisis stabilization unit, psychiatric health facility (PHF), crisis residential facilities, and mobile crisis support team.

## **Our Story**

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965.

We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations.

We currently provide services in multiple states and have more than 4,000 employees.

