



Court-Ordered Program Roundup

An Overview of Telecare's Court-Assisted Services

Court-ordered treatment is designed to serve individuals who haven't been willing to participate in mental health services, but have a history of hospitalizations, incarcerations, or have become a danger to themselves or others. Telecare currently provides an array of court-ordered services that include both voluntary and involuntary admission.

Assisted Outpatient Treatment (AOT)

Assisted Outpatient Treatment (AOT) is the prescribed model connected to Laura's Law in California that provides outpatient services for adults with serious mental illness who are experiencing repeated hospitalizations or incarcerations, but are not engaging in treatment. The program is built on the Assertive Community Treatment (ACT) model and provides intensive case management, housing assistance, vocational and educational services, medication support and education, co-occurring services, and 24/7 support and availability.

ORANGE COUNTY AOT | ORANGE COUNTY, CA. Opened in November 2014, Telecare's AOT program in Orange County was created to serve individuals in the community who are living with a serious mental illness and have had repeated hospitalizations or incarcerations. This program is court-ordered. Individuals are referred through the Laura's Law hotline and are ordered to the program if they refuse other means of available treatment. The primary focus of the program is to create a partnership among family members, members of the community, mental health workers, and the judicial system that supports each individual toward achieving their unique recovery goals. This program sees up to 120 individuals.

JUSTICE ENRICHED TREATMENT TEAM (JETT) | LOS ANGELES COUNTY, CA. Opened in May 2015, JETT is comprised of the Assisted Outpatient Treatment (AOT), Mentally Incompetent to Stand Trial (MIST), and Forensic Full-Service Partnership (FSP) teams. Members can either be referred to the program through the Los Angeles Department of Mental Health, are court-ordered to receive treatment from a judge, or can be admitted voluntarily. These programs offer members wraparound support such as structured housing support, competency training, co-occurring treatment, vocational and educational linkage, and an array of mental health services in the community. These programs combined see up to 32 individuals.

LOS ANGELES STEP-DOWN AOT | LOS ANGELES COUNTY, CA. Opened in July 2015, Telecare's LA Step-Down's AOT program serves individuals with a serious mental illness who live in Los Angeles Service Areas 4, 7, and 8. This program is court-ordered. Referrals go through the Los Angeles Department of Mental Health, where eligible individuals are outreached and given opportunities to participate in services. If refused, they are court ordered to the AOT program. The primary focus of the program is to increase independent functioning through therapeutic interventions, advocacy, and linkages to community-based organizations and resources. This program sees up to 20 individuals.

SAN DIEGO ASSISTED OUTPATIENT TREATMENT (AOT): Opened in March 2016, Telecare's San Diego AOT program serves individuals who meet the nine criteria as established under Laura's Law. Individuals referred to the Telecare AOT program

shall initially be screened and evaluated by the existing In Home Outreach Team (IHOT) program in their area. There are two IHOT programs in San Diego County: MHS Inc. and Telecare. The IHOT team's clinician will assess and determine if the participant is a candidate for AOT. This program sees up to 57 individuals annually.

ALAMEDA AOT/COMMUNITY CONSERVATORSHIP (AOT/CC) | ALAMEDA COUNTY, CA. Opened in July 2016, the Telecare opened its first Laura's Law program in Alameda County. The Alameda AOT/CC program is an intensive community support service for adults with serious mental illness, many of whom would otherwise require extended care in institutional settings. AOT/CC serves individuals who are high utilizers of mental health services and are considered to be at great risk for psychiatric hospitalization. Individuals are evaluated by the county and referred to the appropriate level of treatment. The average length of stay for the AOT program is six months; the community conservatorship program is one year.

Mental Health Court Programs

Mental health court programs aim to reduce recidivism, or reentering jail, by providing services and support to individuals who are either incarcerated already or who are facing legal charges that carry jail and/or prison time. The ACT/FSP program model provides outreach and engagement, benefits and housing assistance, independent living skills training and supportive counseling sessions.

ORANGE COUNTY COURT COLLABORATIVE WHATEVER IT TAKES (WIT) | ORANGE COUNTY, CA. Opened in July 2012, WIT provides services to individuals with serious mental illness and justice involvement in Orange County. WIT was created to offer its members a last opportunity to receive services and support within their community, instead of jail or prison, to meet the requirements set by the Collaborative Court. The primary focus is to provide whatever it takes to allow members to live successfully in the community and move forward in their recovery without re-offending. This program sees up to 100 individuals.

SAN DIEGO MENTAL HEALTH COLLABORATIVE COURT (MHCC) | SAN DIEGO COUNTY, CA. Opened in July 2015, the San Diego MHCC was created to support individuals who are incarcerated to successfully re-enter their community. Assessment begins while the individual is still in jail, and services start as soon as they are released. Individuals must commit to the full 18 months in order to participate in the program, regardless of how many months they have left to serve in jail. The primary focus of the program is to ensure members are set up with the proper resources and tools they will need to move forward without re-offending. This program serves up to 60 individuals.