



Telecare North Sound E&T

Evaluation & Treatment (E&T) Services

At Telecare North Sound Evaluation and Treatment (E&T), we provide intensive mental health and psychiatric treatment services in a safe, welcoming environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey. Our 16-bed secure facility includes a full staff of registered nurses, clinicians, peer specialists, and social workers on call 24 hours a day to provide wrap-around support.

Our services are designed using Telecare's Recovery-Centered Clinical System (RCCS). This system incorporates evidence-based practices and innovative design components, and emphasizes choice-making skills, harm-reduction techniques and strives to awaken the hopes and dreams of the individual. The RCCS emphasizes "no-force first" practices. Staff work with individuals within their cultural dynamic in building independence and self-responsibility in order to foster their recovery and successfully transition them back to lower levels of care.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

Open 24-hour, 7 days per week



Services at Telecare North Sound E&T

A variety of therapies and activities adapted to your needs and preferences are offered as part of your treatment plan. Services at Telecare North Sound E&T include, but are not limited to:

- Comprehensive evaluation and risk assessment, covering mental health and substance abuse
- Psychiatric assessment and treatment
- Peer support and community group meetings
- Social and recreational activities
- Supportive counseling on group and individual basis
- Medication administration and management

Admission Criteria

- Adults ages 18 and older diagnosed with a serious mental illness who reside primarily in the North Sound Region of Washington.

Referrals can come from any designated crisis responder (CDR) within in the state of Washington. In adherence with established admission criteria, Telecare North Sound E&T staff will review pending referrals for medical care needs, safety, and security to ensure the appropriate means of service.

Exclusion Criteria

- Sexually violent offenders being detained pursuant to RCW 71.09 or high risk sex offenders classified by the local law enforcement agencies are excluded from admission.
- Any individual with any pending (not dismissed or otherwise disposed) felony charge shall be excluded from admission. Individuals released on a Temporary Release (TR) may be considered for admission on a case-by-case basis after consultation with the CDR.

Our Story

In 2015, Telecare North Sound E&T began construction on what was originally the Northern State Hospital campus, built in 1909, to open a state-of-the-art 16-bed evaluation and treatment program to help meet the regional demands for more beds to meet mental health needs.

Founded in 1965, Telecare is one of the nation's largest family- and employee-owned providers of adult mental health services to county and state governments, and behavioral health organizations. Telecare provides a full range of services and supports to individuals with serious mental illness, and delivers innovative programs tailored to individuals with co-occurring issues such as homelessness, substance abuse, developmental disabilities, or involvement in the criminal justice system.