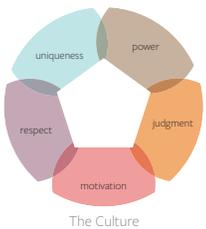




“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

- PATRICIA DEEGAN, PHD,
FOUNDER OF COMMONGROUND



About Telecare

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations.

Contact Gateway to Recovery

3132 Jefferson Street
San Diego, California 92110
619-683-3100 Main
619-682-4037 Fax

Office Hours

Monday-Friday: 8:00 a.m. to 4:30 p.m.
Decision Support Center: 9:30 a.m. to 4:00 p.m.

All services are provided 24 hours a day, 7 days a week.



The Telecare Transition Team is under contract with San Diego County Behavioral Health Services and is funded by the County of San Diego, Medi-Cal, and HSA.



Gateway to Recovery Project 25 ACT

3132 Jefferson Street
San Diego, California 92110

Who We Are

At Gateway to Recovery, we believe in a whatever-it-takes approach to empower your recovery from within. To achieve this, our team provides intensive, person-centered, and recovery-based services to help you navigate the mental health system and take positive steps toward the things that matter in your life.

Project 25 ACT offers housing subsidies for members who are identified by San Diego County stakeholders as high utilizers of mental health services and may be at risk for homelessness. Housing subsidies are offered to 10 of the members through housing vouchers from the City of San Diego Housing Commission. The other 10 members receive housing subsidies through the County of San Diego and MHSA funding.

Chula Vista 7 offers seven housing subsidies for members who are identified by the City of Chula Vista as high utilizers of mental health services and who are also homeless or at risk of homelessness.

What to Expect

At Gateway to Recovery, we believe in a person's right to full inclusion and to a meaningful life of their own choosing, free of stigma and discrimination from the moment you walk in the door. Central to our recovery paradigms are hope, self-determination, self-management, empowerment, and advocacy.



Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a team that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

Becoming a Member

Telecare Gateway to Recovery ACT is a voluntary **closed-referral program** that assist adults and Transition Age Youth (TAY) in their recovery as they transition from long term locked treatment facilities. They also serve persons who are identified on San Diego County's current High Utilizer List. If you believe you have a person who meets this qualification or have additional questions about the referral process, please call: 619-683-3100.

Admission Criteria

- Must be a resident of San Diego County
- Adults and Transition Aged Youth (TAY) with Medi-Cal
- Must have a qualifying Title IX diagnosis and may also have co-occurring substance abuse diagnosis
- A county referral for persons stepping down from a long-term care facility or a person on San Diego County's high utilizer list
- Long-term care facility diversionary referrals may be considered at the County Monitor's discretion

Services at Gateway to Recovery

Services include, but are not limited to:

- Mental health assessment and treatment
- Case management-linkage/brokerage
- Crisis intervention
- Medication management and support
- Dual diagnosis assessment and treatment
- Whole Person Care
- Housing support and independent living skills training
- Vocational and prevocational training
- Representative payee
- Evidenced-based groups such as: shared decision making; alcohol and other drugs; illness management and recovery; social skills building; building natural supports; Wellness Recovery Action Plan (WRAP)