



Telecare and Orange (TAO South) Adult Mental Health Services

Full Service Partnership (FSP)

At Telecare And Orange (TAO) South, we are here to help you take positive steps toward the things that matter in your life.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey. We have a multidisciplinary team that includes peer specialists, a psychiatrist, a nurse, a masters-level team lead, and personal service coordinators with experience working in both mental health and co-occurring substance use, who are all here to promote a program culture where resilience and hope can flourish.

Our program is based on the Assertive Community Treatment (ACT) model. TAO South staff create a supportive environment, including services that are based on your needs, hopes and dreams. We also connect you to the proper resources that can help you achieve your goals.

What to Expect

Your recovery plan starts with you. We use transformational care planning, a recovery-oriented treatment planning method to develop an individualized recovery plan to guide your work in the program. We assist you by giving you the appropriate skills where you will better be able to manage your conditions more effectively, monitor your progress toward your goals, and adjust services to fit your changing needs.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND

Telecare Corporation | Respect. Recovery. Results. | www.telecarecorp.com



CONTACT

275 E. Baker Street, Suite A
Costa Mesa, CA 92626
(714) 361-6760 Main
(714) 361-6768 Fax

OFFICE HOURS

Monday-Friday- 8:00 am to 5:00 pm
(5:00 pm-7:00 pm by appointment only)
Saturday- 8:00 am-4:00 pm by appointment

Wellness Center:

Monday-Friday 10:00 am to 3:00 pm

On-call staff are available 24 hours a day and can be reached at (714) 361-6760



Services and Supports

Services include, but are not limited to:

- Outreach and engagement
- Comprehensive assessment and treatment
- Community-based, individualized services
- Intensive case management
- Individual Therapy
- 24/7 availability
- Housing support
- Medication support and education
- Vocational and educational services
- Benefits establishment

Becoming a Member

Referrals are made through multiple sources, including Orange County Health Care Agency and community organizations as well as walk-ins.

Admission Criteria

Residents of Orange County, ages 18 and older, who have been diagnosed with a serious mental illness and who may be:

- Homeless or at-risk of homelessness
- Have a co-occurring substance use disorder
- At risk for hospitalization or institutionalization
- Involved in the criminal justice system
- Would benefit from a higher level of support in the community beyond traditional psychiatry services

Telecare's Mission

Deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes and dreams.

Wellness Center (WRC)

Located on-site, the WRC offers community-based support with an emphasis on recovery and relapse prevention. This consumer-designed and operated center assists our members in building relationships and supports. The Wellness Center provides daily groups to engage participants in their recovery.

The group schedule rotates and may focus on:

- Symptom management
- Building Coping Skills through meditation and art
- Identifying Meaning
- Creating connection
- Peer support groups
- Money Management



This program operates under contract with Orange County Health Care Agency and is a Mental Health Services Act (MHSA) funded program.