

# San Bernardino FACT

## Forensic Assertive Community Treatment

At San Bernardino Forensic Assertive Community Treatment (FACT), we are here to help you take positive steps toward the things that matter in your life.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey. We have a full staff of peer specialists, personal service coordinators, masters-level social workers, nurses, and psychiatrists, who are all here to promote a program culture where resilience and hope can flourish, and losses can be recovered.

Our services are designed using the Assertive Community Treatment (ACT) model to enhance the lives of individuals living with mental illness. Our staff offers advocacy for individuals who have extensive contacts with the criminal justice system, provide outreach and engagement, benefits and housing assistance, independent living skills training, and supportive counseling sessions.

### What to Expect

Your recovery plan starts with you. We will assist you by giving you the proper training where you will better be able to manage your conditions more effectively and partner with community services to ensure continuity of care.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationship we develop so we can foster a supportive program setting.

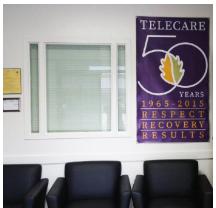
**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery, and will be throughout your journey.

**Our goal** is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND







#### **CONTACT**

2080 South E Street, Suite 250 San Bernardino, CA 92408 909-433-9300 Main 909-433-9308 Fax 951-970-8903 After Hours Line

#### **OFFICE HOURS**

Monday - Friday: 8:00 am to 4:30 pm On call staff availability 24 hours a day, 7 days a week



#### Services at FACT

Services at FACT include, but are not limited to:

- Outreach and engagement
- Comprehensive assessment and treatment
- Crisis intervention and immediate support, 24 hours a day, 7 days a week
- Community integration through meaningful social activities and outings
- Case management with linkage to community services and resources
- Counseling/therapy and psychosocial rehabilitation services that include symptom management, building independent living skills, and enhancing coping and social skills
- Medication support services
- Physical health screening, care coordination, and referral
- Self-help and member-facilitated support groups
- Pre-vocational, vocational, and educational assessments and referrals

### **Admission Criteria**

- Must be on probation with the Mental Health Court.
- Any violent offenders and parolees are excluded from program admission.

### **Becoming a Member**

Referrals to FACT are coordinated through San Bernardino County of Behavioral Health Adult Forensic Services Division.

#### Who We Serve

- Residents of San Bernardino County, ages 18+, that may have a history of frequent psychiatric hospitalizations and a history of homelessness.
- Must be diagnoses with a severe and persistent mental illness.

#### **About Telecare**

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations. We currently provide services in multiple states and have more than 3,700 employees.

This program is funded by San Bernardino County.