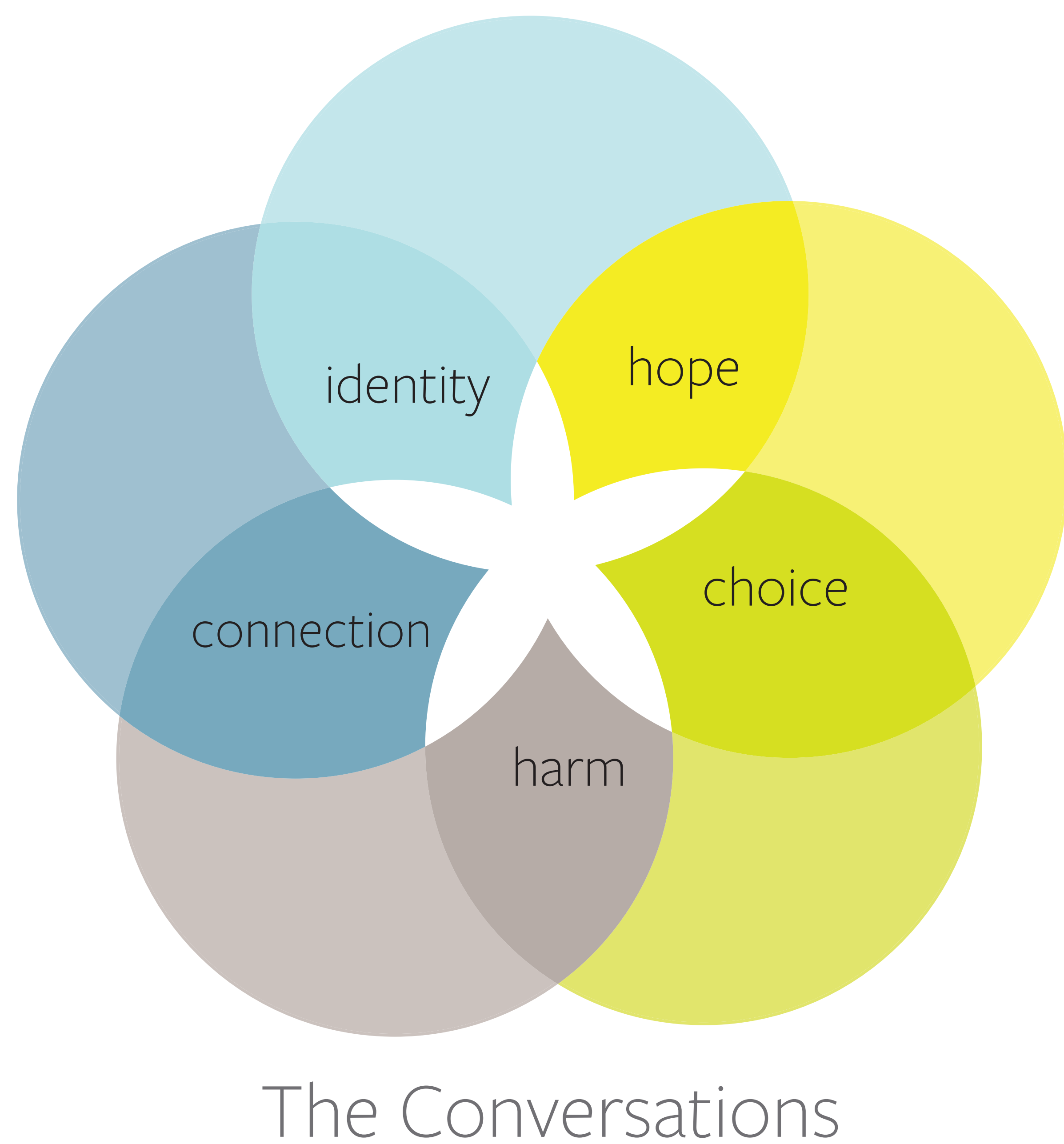


Justice Involved Mental Health and Telecare's Recovery Centered Clinical System (RCCS)



Returning to a community can be a huge challenge for individuals who have spent time in a prison environment. This challenge becomes even more complicated when the individual has a serious mental illness and addiction disorder. Telecare has provided services to these individuals for many years and we've found that a recovery-centered culture with intentional strengths based conversations is effective in providing services for these unique individuals.

Culture of Recovery

Developing a program culture of recovery is a significant component of Telecare Corporation's Recovery Centered Clinical System (RCCS). A recovery-focused culture is designed to reverse the power-over elements of the criminal justice culture and its control-focused approach. Specifically, the RCCS culture examines power awareness, non-judgmentalness, individual uniqueness, motivational awareness, and respect and dignity.

Addressing Criminogenic Needs

Through the RCCS, individuals served at Telecare programs have an opportunity to participate Conversations that help explore identity, awaken hope and teach the skill of choice making.



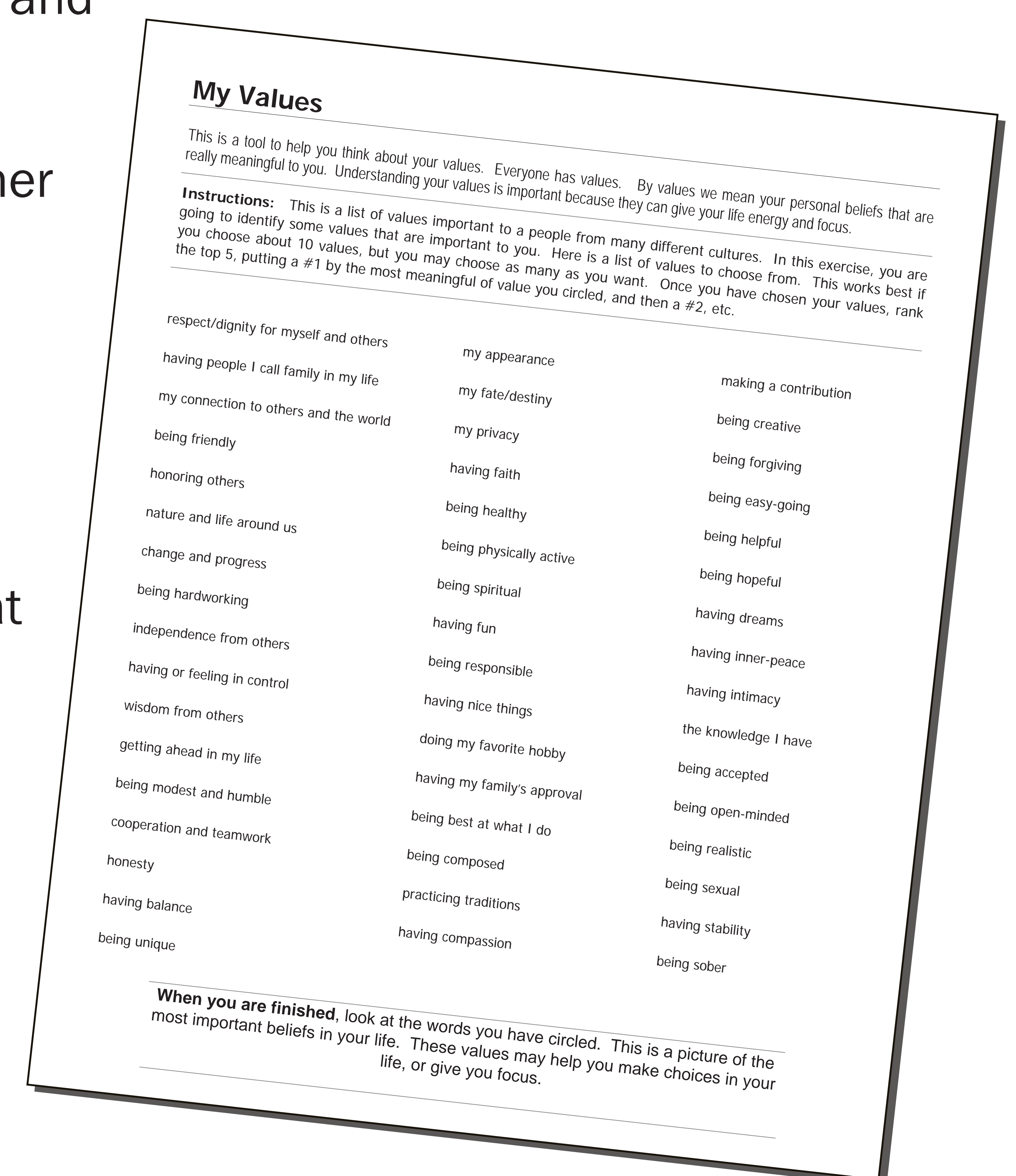
- **Antisocial Attitudes:** Positive behavior changes can lead to positive attitude changes. Staff having a skilled approach and encouraging pro-social behaviors is a key element in providing engaging and safe space for individuals served.
- **Antisocial Peers:** Conversations focus on reducing affiliation with gangs, criminal associates, etc. RCCS Conversations focus on exploring identity, building support systems and personal choice.
- **Dysfunctional Family Relations:** Family involvement can be a powerful motivating ingredient that decreases risky behaviors and increases effective choice making.

- **Substance Use:** Telecare programs estimate that 90% of individuals served have either a current or past co-occurring disorder. In addition to a 16-session, co-occurring education curriculum designed to begin to address individuals' awareness and motivation for change, other RCCS Conversations are used to explore substance use.

- **Low Self Control/High Impulsivity:** Individuals require skills that assist them in managing their emotions. In addition to mindfulness meditation skills and evidence-based models such as DBT skills, individuals are engaged in RCCS Conversations that focus on problem-solving and other skills that can be called upon during a time of high emotion or crisis.

Other Approaches:

- Moral Recognition Therapy
- Accountability – “Who Needs Me”
- Critical Time Interventions (for community based programs): Staging services based on a frequency model.



Many of these conversations are amplified with use of worksheets in the RCCS workbook, including this one: My Values

