



San Diego Vida ACT

Justice-Involved Mental Health (JIMH)

At the San Diego Vida ACT program, you have the opportunity to connect with a group of people who are here to be your support team.

We believe that recovery starts from within and will do whatever it takes to support you on your recovery journey. We have a multidisciplinary team that includes a nurse practitioner, a program administrator, a licensed team lead, a peer recovery coach, mental health rehabilitation specialists, and case managers with specialties in housing, education, employment, and substance use who are all here to help you on your path.

Our program is based on the Assertive Community Treatment (ACT) model, where staff create a supportive environment, including wraparound services that are based on your needs, hopes, and dreams. We also connect you to the proper resources that can help you achieve your goals.

What to Expect

Your recovery journey is guided by an individualized service plan. Our staff offers advocacy for individuals who have extensive contacts with the criminal justice system. We will assist you in recovery by tailoring services so you can better manage your conditions, monitor your progress toward your goals, adjust services to fit your changing needs, and partner with community services to ensure continuity of care.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

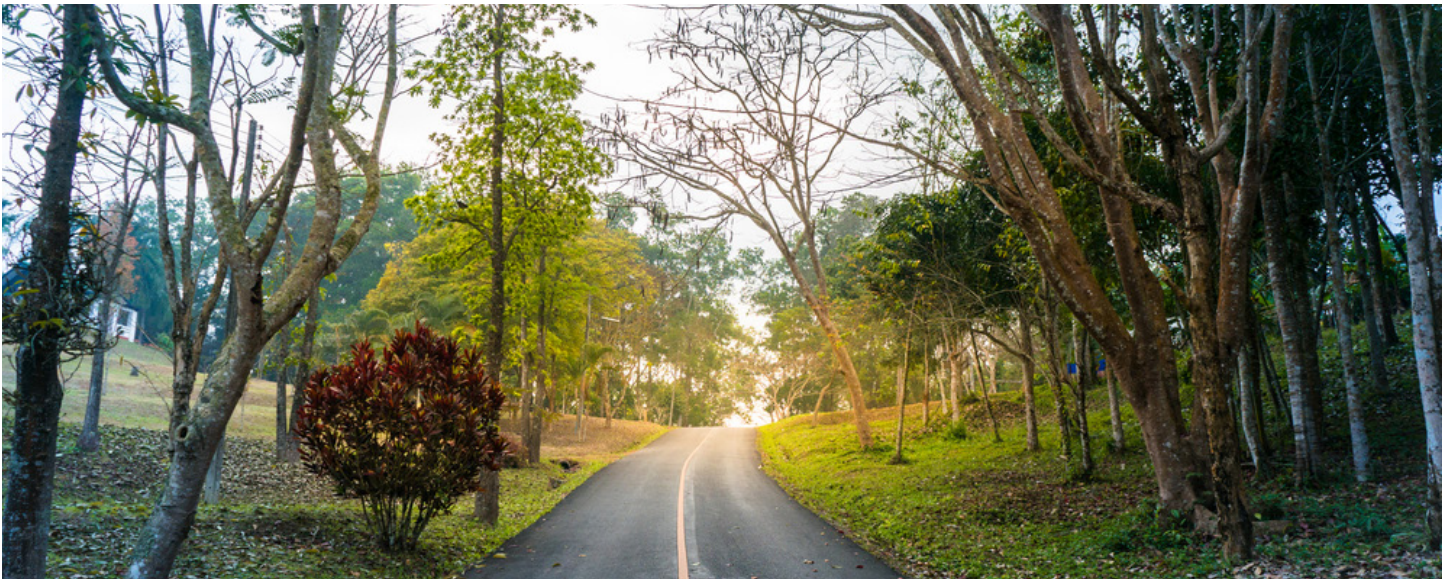
3491 Kurtz Street, Suite 150
San Diego, CA 92110
619-332-5830 Main
619-810-2313 Fax

OFFICE HOURS

Monday-Friday: 8:00 a.m. to 4:30 p.m.

PROGRAM HOURS

On-call and after hours staff at the program are available 24 hours a day, 7 days a week



Services at Vida ACT

Services include but are not limited to:

- Community-based, wraparound services
- Case management services
- Mental health assessment and treatment, with a focus on criminogenic needs
- Crisis intervention
- Medication support and education
- Co-occurring disorder treatment
- Housing support
- Vocational and educational services
- Linkage to benefits assistance

Accessing Services

The Vida ACT program has a closed referral process. All candidates must be referred by the Office of the Public Defender's Defense Transition Unit (DTU) and the San Diego Sheriff's Department. Referring parties must use the County of San Diego Single Point of Access System and submit referrals to SD_ReferralCenter@optum.com. All referrals must be screened and accepted before exiting custody and coordinated release to Vida ACT.

Admission Criteria

- Adults 18 and older, who are in detention, who are homeless with a serious mental illness, and may have a co-occurring substance use disorder.
- All candidates are justice-involved, are eligible for probation, are on parole, and have high criminogenic needs.

Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in outcomes-driven services for individuals with complex needs who are at risk of crisis, hospitalization, or recidivism into the criminal justice system. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations. We provide services in multiple states and have more than 4,000 employees.



LIVE WELL
SAN DIEGO

Vida ACT is under contract with San Diego County Behavioral Health Services and is funded by the County of San Diego.