



Telecare Assisted Outpatient Treatment Orange County

Full Service Partnership (FSP)

At Telecare's Assisted Outpatient Treatment (AOT) program in Orange County, you have the opportunity to connect with a group of people who are here to be your support team.

We know that the journey to recovery can be a tough one, and we believe that no one should have to go through it alone. We have a multidisciplinary team that includes peer specialists, personal service coordinators, master-level therapists or social workers, nurses and psychiatrists who are all here to help you on your path.

Our program is based on the Assertive Community Treatment (ACT) model, where we connect you to the proper resources that can help you achieve your goals. We will work together with your family, friends and the court system to help you take steps towards making recovery happen.

What to Expect

Your recovery starts with a carefully tailored treatment plan according to your specific needs. While you may be joining the AOT program because of a court order, or voluntary participation, we want you to know that, for us, it does not matter how you got to this point, what matters is that you feel better in your life and we are here to help you do that. We work with you to meet these needs by assigning you a case manager who can help you with life skills coaching, co-occurring treatment, obtaining benefits and community integration.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.



CONTACT

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(714) 795-3445 Fax

OFFICE HOURS

Monday - Friday: 8 a.m. to 5 p.m.
Saturday: By appointment

Staff are available on-call 24 hours a day and can be reached at
(714) 795-3444



Services at Orange County AOT

Services at Orange County AOT include, but are not limited to:

- Recovery-focused, strength-based services
- Intensive case management services
- Co-occurring disorder treatment
- 24/7 on-call staff response if needed
- Field-based services
- Peer-run activities
- Education and vocational services and training
- Linkage to housing specialists

Becoming a Member

Referrals for AOT services go through Orange County AOT Assessment and Linkage Team at (855) 422-1421. AOT has one track for individuals who have gone through the court process and one track for individuals who choose to enroll in services voluntarily. Members may also be enrolled in the voluntary track should their court order expire but they want to continue treatment in the program.

AOT Criteria

- Residents of Orange County 18 years of age and older who have been diagnosed with a serious mental illness
- Clinical determination that the person is unlikely to survive safely in the community without supervision
- Person's condition is substantially deteriorating
- Person has been offered chance to participate in development of their treatment plan for services and continues to fail to become involved
- Have a history of lack of participation in a mental health program that have resulted in 2+ hospitalizations or incarcerations within the past 36 months, or have attempted to cause harm in the past 48 months

Our Story

Telecare's Orange County AOT program saw its first client graduate on August 8, 2015. After graduation, he stated:

"I didn't know what to expect going into the AOT program, but I ended up having a great time and learned a lot during my time there. I learned a lot about structure, having something to do, and showing up every day to do it. Mostly, just knowing that I'm not alone with the illness," he said.

He liked working with staff and the extracurricular sports activities that were offered through the program. He worked with a case manager and got back on track with his treatment.



This program operates under contract with Orange County Health Care Agency and is a Mental Health Services Act (MHSA) funded program.