



Telecare Shelton E&T

Evaluation & Treatment Center

At the Telecare Shelton Evaluation and Treatment (E&T) center, we provide intensive mental health and psychiatric treatment services in a safe, welcoming, and respectful environment for adults experiencing a mental health emergency.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support you need on the journey to recovery in a comfortable, structured environment. Our 16-bed facility includes wraparound support from a multidisciplinary staff who constantly engage with those we serve to maintain a safe environment.

Our services emphasize choice-making skills and harm-reduction techniques. Our intent is to ensure that you receive immediate assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

What to Expect

Upon arrival, a diverse clinical team will conduct an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on Telecare's Recovery-Centered Clinical System. We believe in respect and non-judgment, we celebrate individual uniqueness, and believe that recovery is possible. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are partners in recovery, and are there throughout the journey toward recovery.

Our goal is to be a place that helps you thrive. We want each person to be the leader of

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

24 hours a day, 7 days a week



Services at the Telecare Shelton E&T

Services include but are not limited to:

- Comprehensive evaluation and risk assessment, covering mental health and substance use
- Psychiatric assessment and treatment
- Peer support and community group meetings
- Social and recreational activities
- Supportive counseling individually and in groups
- Medication administration and management

Referrals

Referrals are made primarily through local hospital emergency departments, but may also be made from community providers and Designated Crisis Responders.

Admission Criteria

Located in the Seat of Mason County, the Telecare Shelton E&T serves residents of Washington State, ages 18 and older, who have a chronic or serious mental illness disorder and are experiencing an acute crisis.

Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs. Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state, and other behavioral health organizations. We currently provide services in multiple states and have more than 3,700 employees.

This program is funded by Washington Medicaid (MCO, PPO), Medicare, Private Insurance, and Department of Health.