



Telecare Pierce County E&T

Evaluation & Treatment (E&T) Services

At the Telecare Pierce County Evaluation and Treatment (E&T) center, we provide intensive, recovery-oriented mental health services in a safe, welcoming, respectful environment. The 16-bed facility (8 DD/ID beds and 8 mental health beds) involuntary locked inpatient care for adults experiencing an acute behavioral health crisis or currently in need of psychiatric stabilization in an inpatient setting.

Our program utilizes Telecare's Recovery-Centered Clinical System (RCCS), an innovative, recovery-based framework that incorporates the latest research and evidence-based practices. We believe that recovery starts from within, and that people are best equipped to begin a recovery journey when supported in a comfortable, structured environment that emphasizes choice-making skills and harm-reduction techniques.

What to Expect

Services are provided by a caring, multidisciplinary team of nurses, social service clinicians, a psychiatric medical provider, rehabilitation therapists, recovery specialists, and peer recovery coaches. We offer 24-hour support, individualized assessments, collaborative treatment planning, assistance with symptom reduction, medication services, and discharge planning, all with the goal of preparing you to return to the community with tools and resources that will empower your recovery.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are partners in recovery, and are there to support you in your recovery process.

Our goal is to be a place that helps you thrive. We want each person to be the leader of their own recovery journey, and to create the life you envision.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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Centralized Screening Line

OFFICE HOURS

24 hours a day, 7 days a week



Wellness Activities at Telecare Pierce County E&T

Wellness activities include, but are not limited to:

- Individualized therapeutic support
- Medication education
- Open access to music, books, and other inspirational materials
- Co-occurring substance use education groups
- Case management and linkage to resources
- Involvement of families and other natural supports
- Assistance with preserving housing or identifying new housing options
- Groups on topics such as stress management, coping skills, whole person care, choice-making, peer support, recovery, and resilience
- Recreation, games, and movies
- Holiday and birthday celebrations

Referrals

Referrals are made primarily through designated crisis responders but may also be initiated by community providers, local hospital emergency departments, and DDA by contacting the Telecare-operated central intake team.

Admission Criteria

To be admitted, individuals must be 18 years or older, diagnosed with serious mental illness, or developmental disability and are enrolled with Developmental Disabilities Administration (DDA), and are detained under RCW 71.05. Each referral will be screened for medical care needs and safety needs to ensure appropriate admission to the E&T. Priority is given to Pierce County residents.

Coordinating Care

Telecare works hard to ensure that good communication and service coordination take place between the E&T facility and other community resources so that your experience is as smooth as possible. Some of the agencies we coordinate with include outpatient community providers, housing providers, substance use services, medical services, DSHS, DDA, Social Security, peer bridgers, Telecare Community Alternatives Teams (T-CAT), and other allied service providers.

This program is funded by Manage Care Organization and the Behavioral Health-Administrative Services Organization.