



Telecare ACT Oregon

Assertive Community Treatment

At the Telecare Assertive Community Treatment program in Oregon (TACT), we are here to support you in taking positive steps towards independent living.

We believe that recovery is possible with the right plan in place. Our multidisciplinary team includes a psychiatrist, a nurse, a team lead with either a master's degree or doctorate who is licensed or license-eligible, personal service coordinators with experience in both drug and alcohol and mental health, peer support specialists, and vocational specialists, who are all here to help you on your path.

Our program is based on the Assertive Community Treatment (ACT) model, where we connect you to the proper resources that can help you achieve your goals. We will work together with your family, friends, and community to help you take steps toward making recovery happen.

What to Expect

Your support services start with your hopes and dreams. Our staff uses recovery dialogue to encourage you to think about what you want from in life and develop individualized recovery plans to guide your work in the program.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

4101 NE Division St. Suite 100
Gresham, OR 97030
503-666-3808 Main
503-666-6835 Fax

BUSINESS HOURS

The office is open Monday - Friday,
8:30 a.m. to 5:00 p.m. Please call ahead.



Services at TACT

Services at TACT include, but are not limited to:

- Outreach and engagement
- Community-based wraparound services
- Intensive case management
- 24/7 availability
- Housing support
- Medication support and education
- Dual diagnosis treatment
- Vocational and educational services
- Peer support services
- Linkage to financial benefits
- Recovery-centered services — to awaken hope and enhance motivation

Becoming a Member

Call the program directly at 503-666-3808 to inquire about a referral.

Referrals Sources

Referrals come from state hospitals, group homes, acute psychiatric hospitals, and community providers.

Admission Criteria

Adults, ages 18 years and older, who have been diagnosed with a serious mental illness who:

- Are at risk for hospitalization or institutionalization
- Have been involved in the criminal justice system
- Have not been successful with traditional mental health programs
- Are transitioning from institutional settings or other higher levels of care

IPS Services

Telecare Oregon ACT provides fidelity IPS services to its members. We extend our “whatever it takes” approach to supporting our members in obtaining competitive employment and pursuing educational opportunities.

We know that recovery can include making the choice to work and choosing type of work that you want to do and our IPS vocational support specialist partners with our members on their recovery journey.

This program is funded by CareOregon and Multnomah County.