



## Santa Clara AOT

### Assisted Outpatient Treatment Program

At the Santa Clara Assisted Outpatient Treatment (AOT) program, you have the opportunity to connect with a group of people passionate about recovery who are here to be your support team.

We know that the journey to recovery can be challenging, and we believe that no one should have to go through it alone. We have a multidisciplinary team that consists of a peer recovery coach, case manager, nurse, and psychiatrist available to partner with you in your recovery. Services are field-based and delivered in the community where our partners live and work. We also have on-call staff available 24/7.

Our program is based on the Assertive Community Treatment (ACT) model, where we connect you to the proper resources that can help you achieve your goals. We will work together with your family, friends and the court system to help you take steps towards making recovery happen.

### What to Expect

While you may be joining the AOT program voluntarily or because of a court order, we believe that it does not matter how you got to this point. What matters is that you feel better in your life and we are here to help you do that. The team will work with you to meet these needs by supporting you with life skills coaching, co-occurring treatment, obtaining benefits, and community integration.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive environment.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery and will be throughout your journey.

**Our goal** is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



#### CONTACT

425 East Santa Clara St.  
San Jose, CA 95113  
669-245-3428 Main  
408-800-4095 Fax

#### OFFICE HOURS

Monday - Friday: 8:30 a.m. to 5:00 p.m.  
On-call and phone support available  
24 hours a day, 7 days a week

## Services at Santa Clara AOT

- Intensive clinical services, including individual and group
- Peer support
- Intensive case management
- Housing assistance
- 24/7 clinical crisis support
- Medication evaluation

## AOT Referral Process

Call Behavioral Health Call Center at 1-800-704-0900 and select option 7 to speak with an AOT team member.

You can also visit the Santa Clara County Behavioral Health Services website ([bhsd.sccgov.org/get-help/assisted-outpatient-treatment-aot](https://bhsd.sccgov.org/get-help/assisted-outpatient-treatment-aot)) and fill out an AOT Referral Form and email it to [AOT@hhs.sccgov.org](mailto:AOT@hhs.sccgov.org).

## Admission Criteria

- 18 years of age or older and has a severe mental illness
- Clinically determined that, in view of the person's treatment history and current behavior, at least one of the following is true:
  1. Person is unlikely to survive safely in the community without supervision and the person's condition is substantially deteriorating.
  2. Person is in need of AOT in order to prevent relapse or deterioration that would be likely to result in grave disability or serious harm to the person or to others, as defined in Section 5150.
- Has historical lack of compliance with voluntary treatment and at least one of the following is true:
  1. Within the last 36 months, the person has been hospitalized at least 2 times due to mental illness, including the mental health unit of a state or local correctional facility.
  2. Within the last 48 months, had one or more acts of serious and violent behaviors or threats or attempts to cause serious physical harm to self or others.
- Offered an opportunity to participate in a treatment plan but did not engage
- Participation in AOT is the least restrictive placement necessary to ensure recovery and stability
- It's likely that the individual would benefit from AOT.

## Our Story

The Assisted Outpatient Treatment (AOT) model, also known as Laura's Law, provides court-ordered treatment for individuals with severe mental illness who meet specific criteria (see links below). These programs are designed to assist individuals who are resistant to obtaining or maintaining treatment.

## Who Can Request or Petition for AOT?

- An individual who is 18 years or older
- An individual with whom the individual subject of the petition resides
- A parent, spouse, sibling, or adult child of the individual subject to the petition
- Directors of public/private agencies, treatment facilities, charitable organizations, or licensed residential care facilities providing mental health services to the individual, in whose institution the individual resides
- A director of a hospital where the individual resides
- A licensed mental health treatment provider supervising the treatment or treating the individual
- A peace officer, parole officer, or probation officer assigned to supervise the individual
- A judge of a superior court before whom the individual subject of the petition appears

This program is funded by County of Santa Clara BHS.

