



## Sacramento ARISE

### Full Service Partnership (FSP)

At the Sacramento ARISE program, we are here to support you as you develop the skills you will need to build a strong recovery foundation.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey. We have a full staff of peer specialists, personal service coordinators, masters-level social workers, nurses, and psychiatrists, who are all here to promote a program culture where resilience and hope can flourish, and losses can be recovered.

Our program uses the Assertive Community Treatment (ACT) model. ARISE staff create a supportive environment and provide wraparound services that are strengths-based, and anchored in recovery principles. We also connect you to the proper resources that can help you achieve your goals.

### What to Expect

Your recovery plan is guided by your hopes and dreams. Staff will work with you to create a personalized assessment where you can identify the kind of program assistance you will need, as well as recovery-oriented progress reports to track the steps you've made during your time in our program.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



#### CONTACT

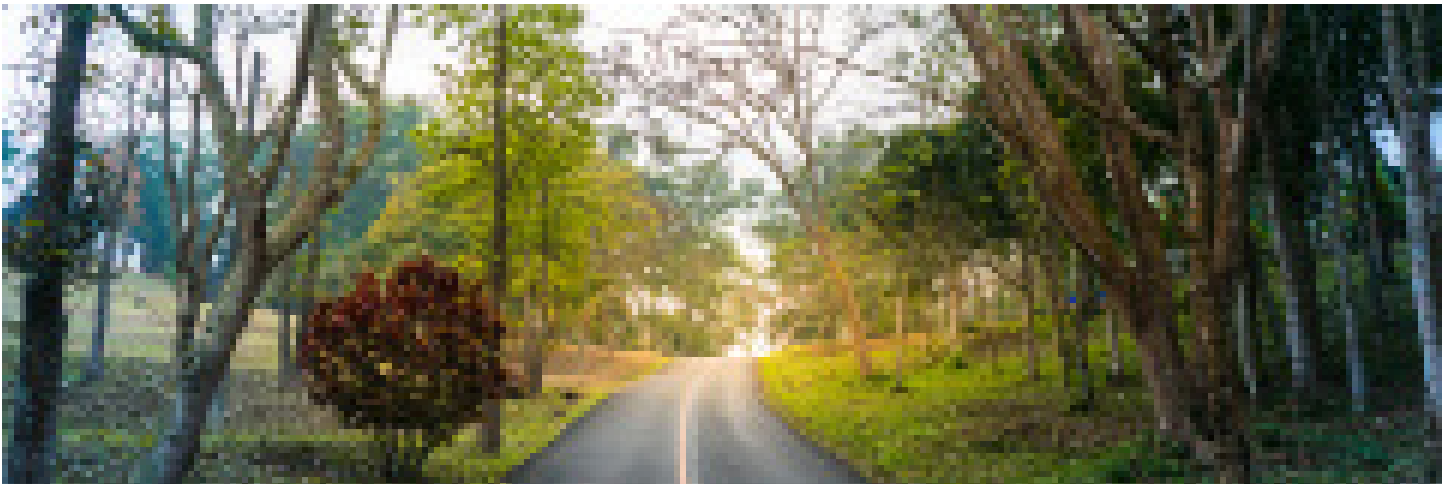
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#### ADDRESS

1103 N B Street Suite E  
Sacramento, CA 95811

#### OFFICE HOURS

Monday - Friday: 8:30 a.m. to 5:00 p.m.  
Saturday: By appointment only



## Services at Sacramento ARISE

- Tiered pathway to recovery
- Mental health assessment
- Treatment plan development
- Case management
- Crisis intervention
- Medication support
- Rehabilitation
- Therapy
- Linkage to advocacy services
- Co-occurring substance use interventions
- Motivational Interviewing
- Permanent supportive housing
- Cognitive Behavioral Therapy
- Dialectical Behavioral Therapy

## Accessing Services

Referrals are made through the intensive placement team via Sacramento County Behavioral Health Services.

## Admission Criteria

- Adults who are unserved or under-served, are frequently in or being discharged from psychiatric acute care settings, and have a severe level of impairment
- Individuals may be at risk of or experiencing one or more of the following: homelessness, involved in the criminal justice system, have been court-ordered mental health treatment, or are at risk of involuntary psychiatric hospitalization or institutionalization

## Total Team Approach

ARISE's hallmark feature is a tiered pathway to recovery, with multidisciplinary staff organized into the following teams:

**Outreach, Engagement, & Specialty Services Team** provides peer support and specialty housing and employment services to all clients throughout their time in the program.

**High Intensity/Risk Team** stabilizes new clients, as well as any current clients in need of the highest level of wraparound support.

**Moderate Intensity/Risk Team** supports clients who have achieved initial stability and are ready to fully participate in groups and specialized vocational, educational, and employment services.

**Lower Intensity/Risk Team** supports clients who have established community tenure of one year or more, are meaningfully engaged in community activities, and are preparing for transition.



This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA).