



## McMillan Ranch

### Adult Residential Facility

At McMillan Ranch, we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming homelike environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured setting. Our 10-bed facility includes a multidisciplinary team of clinicians, psychiatrists, nurses, and residential care staff.

Our services emphasize choice-making skills and harm-reduction techniques. Staff work with you within your cultural dynamic in building independence and self-responsibility in order to nurture your recovery and successfully transition you home or to less restrictive community settings.

### What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationship we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

—PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



### CONTACT

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## Services at McMillan Ranch

- Development of a personal support system in the community
- Assistance in learning or relearning basic living skills, such as meal preparation, shopping, housekeeping, gardening, residential maintenance, personal hygiene, physical fitness, use of public transportation and money management

## Accessing Services

Referrals to McMillan Ranch are coordinated through Santa Barbara County Alcohol, Drug and Mental Health Services.

## Admission Criteria

The following criteria must be met by the individual:

- Residents of Santa Barbara County, ages 18-59
- Persons diagnosed with serious mental illness who are experiencing a mental health crisis, and who may have a co-occurring substance abuse disorder
- Walk-in clients and self-referrals are not accepted at this residential program

## Our Story

Opened in 1996, McMillan Ranch is a 10-bed adult residential facility. The program is designed for persons transitioning from locked settings or who have recent inpatient psychiatric hospitalizations.

All residents of McMillan Ranch receive comprehensive multidisciplinary wraparound services from Telecare's Santa Maria Assertive Community Treatment team. Length of stay is according to the needs of each resident.

This program is funded by Santa Barbara County.