

# **Herald House**

### Community Crisis Home

Herald House serves adults ages 18 and over with varying levels of intellectual and developmental abilities who might also have mental health symptoms. Herald House provides services to individuals who need help transitioning safely out of a locked setting into a less restrictive community, are having problems living in their current home, or who want to practice safe living skills so they can return to the home of their choice.

Herald House is not a forever home. Residents can live at Herald House up to 18 months. We focus on helping each resident prepare for their next home where they can live for a longer period of time.

Our services emphasize choice-making skills and positive behavior support strategies based on the unique needs and capabilities of each resident. Every resident will have their own individual behavior support team. Our team consists of a program administrator, a board-certified behavior analyst (BCBA), a licensed vocational nurse (LVN), registered behavior technicians (RBT), licensed clinicians, occupational and physical therapists, a psychiatrist, and medical support staff. Herald House has staff on site 24 hours a day to provide support to and partner with residents to ensure a safe and healthy community.

# What to Expect

Herald House is a beautiful 4-bedroom home where residents each have their own bedroom and can explore a variety of interests such as cooking, gardening, budgeting, and practicing living skills to be as independent as possible. Our staff can even arrange outside activities such as going to school, attending a day program, or other fun events on a case-by-case basis.

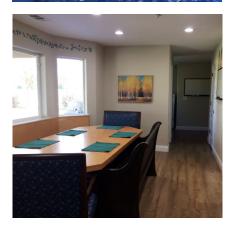
**Our culture** is based on respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can maintain a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are partners in recovery and stabilization.

**Our goal** is to be a place that helps our residents thrive. We want to support our residents to create the life they want for themselves.







CONTACT Herald, CA 95638 209-452-8699 Main 209-230-9801 Fax

#### **OFFICE HOURS**

Services are available 24/7



### Services at Herald House

Services at Herald House include, but are not limited to:

- Behavior support to ensure safety in the home and community
- Therapy to build skills to help with stress or trauma
- Activities of daily living and social skills training
- Physical health and substance use education
- Medication support and education
- Structured on-site programming including physical, recreational, social, artistic, therapeutic, spiritual, and skills development
- Community outings
- Visits to community service providers such as day treatment services or healthcare professionals
- Transition planning to prepare residents for their next home

## **Becoming a Resident**

Referrals to Herald House are made through Alta California Regional Center in Sacramento.

"The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human."

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND

# **Our Story**

Herald House is a fully accessible Community Crisis Home (CCH) that serves up to four adult clients, ages 18 and older, at any time.

Herald House provides 24-hour care to individuals with varying levels of intellectual and developmental abilities.

Individuals referred to Herald House are already receiving services either from Alta California Regional Center or another regional center in California, are in need of crisis residential services, and are at-risk for admission to a more restrictive setting such as a hospital or other institution.

This program is funded by the Regional Centers.