

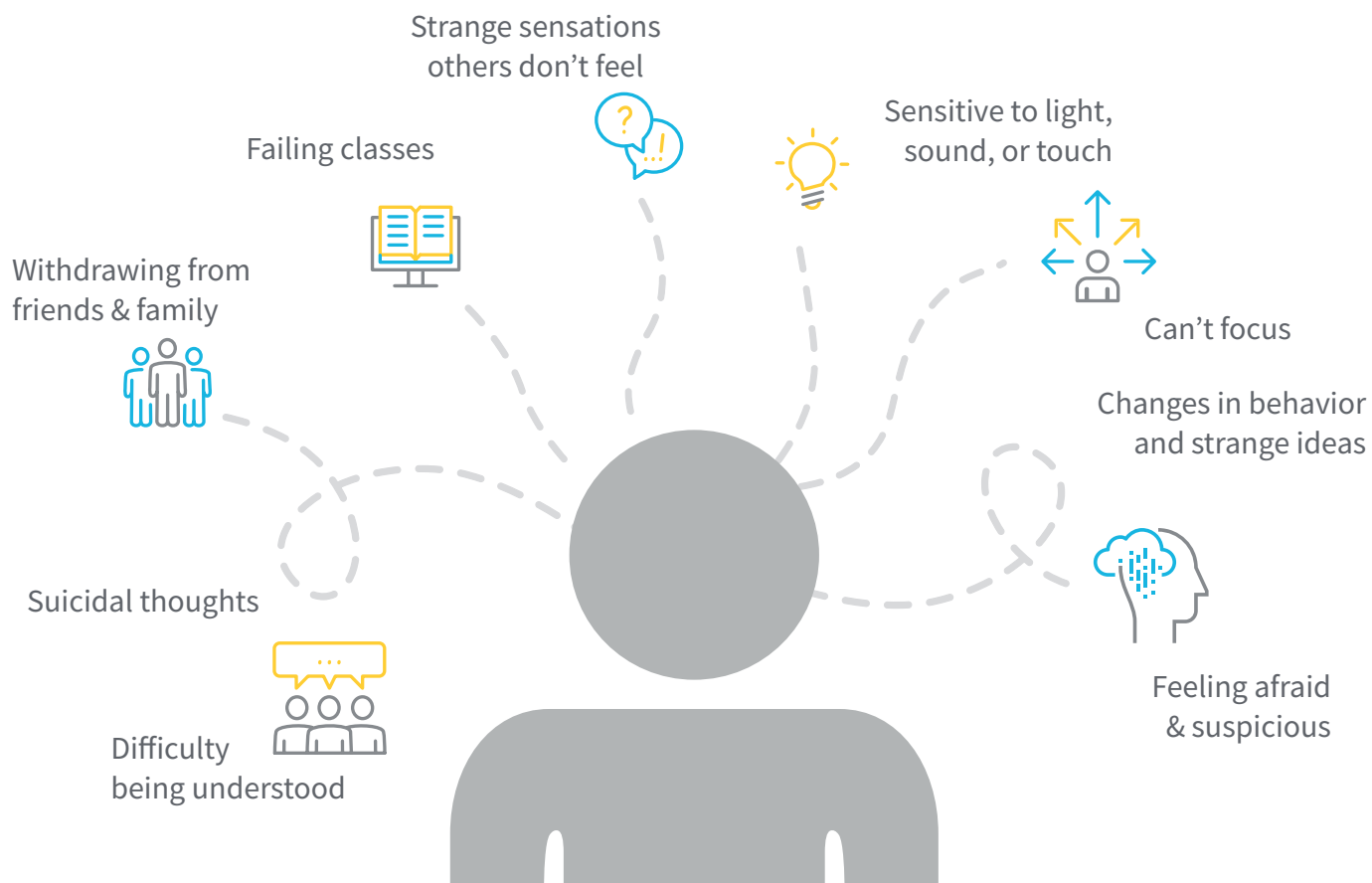
Did you know?

One in five youth and young adults lives with a mental health condition.

17% of youth (6-17 years) experience a mental health disorder.

<https://www.nami.org/About-Mental-Illness/Mental-Health-by-the-Numbers/Infographics-Fact-Sheets>

Warning signs include...



Windsor Center CSU can help

Feeling depressed, scared, anxious, or angry can be overwhelming. **The Windsor Center Crisis Stabilization Unit (CSU) is a walk-in clinic that is available to you 24 hours a day.** We serve all ages of youth residents in San Bernardino County.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a safe, respectful environment where you can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

Contact Us for More Information

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<http://www.telecarecorp.com/windsor-center>