



# Bakersfield Recovery Station

## A Voluntary, Safe Sobering Environment

At the Bakersfield Recovery Station, we are here to provide a safe place for adults to sober and begin discussions about options and possibilities for achieving sustained sobriety and stability in your life.

We believe recovery starts from within, and that our job is to do whatever it takes not just to help you cope with today's crisis but also to have conversations with you about your future hopes and dreams. Staff are available 24/7 to support you as you identify possibilities for your future and choices today that can lead you towards your recovery. This voluntary, short-stay program has a team of clinicians and peer specialists who are all here to help you on your path.

Our services emphasize choice-making skills and harm-reduction techniques. We provide a respectful, non-judgmental environment where you can receive immediate, individualized assistance and link you to other community-based resources.

## What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to resolve your current crisis in ways that support your goals in life.

**Our culture** is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

**Our staff** are passionate, resourceful, and motivated. They are your partners in recovery.

**Our goal** is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

**“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”**

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



### CONTACT

312 Kentucky Street  
Bakersfield, CA 93305  
661-336-6400 Main  
661-321-9039 Fax

### OFFICE HOURS

Open 24-hours a day, 7 days per week



## Services at Bakersfield Recovery Station

- Comfort and hygiene services
- Mental health and substance use screening
- Warm hand-off to community services and supports
- Recovery planning
- Peer support services

## Accessing Services

- This is not a self-referral or walk-in service.
- Individuals in need of the services of the Recovery Station will be screened and transported to the program by partner agencies including law enforcement, MET, behavioral health treatment providers, and homeless providers.

## Admission Criteria

- Adult residents of Kern County who are intoxicated from either alcohol or drugs, and are referred to the Recovery Station.
- These individuals previously may have been arrested for public intoxication and/or taken to jail, psychiatric crisis programs, or hospital emergency departments.

## Our Story

Telecare is proud to be partnering with Kern Behavioral Health and Recovery Services (Kern BHRS) to operate the Bakersfield Recovery Station in Bakersfield, CA.

The 10-client, short-stay, voluntary program provides screening, access, and linkage to ongoing care for individuals with substance use needs and if needed, mental health services. Services are strength-based and person-centered and aim to promote recovery in a welcoming setting.

The goal of the Bakersfield Recovery Station is to provide a law enforcement diversion for persons who are acutely intoxicated and may have a co-occurring mental illness. Instead of being arrested, they are presented with an opportunity for peer engagement, assessment, brief clinical interventions, and linkage with community-based services.