



Wellspring Center

At the Wellspring Center, we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming inpatient environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support needed on your recovery journey in a comfortable, structured setting. Our 16-bed crisis residential treatment (CRT) includes a full team of nurses, a psychiatrist, clinicians, peer specialists, and recovery specialists providing support 24 hours a day.

Our services emphasize choice-making skills and harm-reduction techniques. Staff work with you within your cultural dynamic in building independence and self-responsibility in order to nurture your recovery and successfully transition you home or to less restrictive community settings.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationship we develop so we can maintain a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

15217 San Bernardino Avenue
Fontana, CA 92335
951-631-2150 Main
951-543-9644 Fax

OFFICE HOURS

Services are available 24/7



Services at Wellspring Center

Services at Wellspring Center include, but are not limited to:

- Behavioral health needs screening
- Group therapy
- Counseling services
- Treatment plan development
- Case management
- Crisis intervention
- Medication support services
- Discharge planning

Becoming a Resident

Referrals to the Wellspring Center will be accepted from the San Bernardino County Department of Behavioral Health (DBH) outpatient clinics, full service partnerships (FSP), DBH Community Crisis Response Teams (CCRTs), law enforcement and first responders, hospital emergency rooms, mental health assessment teams, and other county medical clinics and departments.

Admission Criteria

- Resident of San Bernardino County aged 18-59
- Persons diagnosed with a behavioral health disorder who are experiencing a mental health crisis, and who may have a co-occurring substance use disorder

Peer-Based Services

Telecare firmly believes that people with lived experience of serious mental illness serve as a powerful resource for modeling and facilitating recovery.

Peer support staff have insights into the experience of stigma, are living examples of consumer empowerment, and have a unique ability to support residents to feel less alone. The Wellspring Center staffing will include Peer Recovery Coaches— Certified Peer Specialists—daily.



Behavioral Health

Wellspring Center is under contract with the San Bernardino County Department of Behavioral Health.