



Alameda Assisted Outpatient Treatment and Community Conservatorship

At Telecare's Alameda Assisted Outpatient Treatment (AOT) and Community Conservatorship (CC) program in downtown Oakland, our goal is to work closely with existing community resources to assist individuals with transitioning back into their community.

We know that the journey to recovery can be a tough one, and we believe that no one should have to go through it alone. Our multidisciplinary team includes a psychiatrist, a nurse, masters-level clinical staff, and personal service coordinators who are all here to help individuals in our program on their path.

Based on a recovery-centered model, AOT/CC of Alameda County is an intensive community support service and an Assertive Community Treatment (ACT) for individuals with severe mental illness (SMI), many of whom would otherwise require extended care in institutional settings. AOT/CC serves individuals who are high utilizers of mental health services and who are considered to be at great risk for psychiatric hospitalization.

What to Expect

AOT/CC staff will walk with individuals on their journey in healing and provide a full range of services, including medical and psychiatric services, case management services, advocacy and linkage, referral to safe and affordable housing, substance use interventions and counseling, assistance with entitlements, support and education with family and significant others, connection with community resources, and self-help groups.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery, and will be with you throughout your journey.

Our goal is to be a place that helps you thrive. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

- Patricia Deegan



CONTACT

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Oakland CA. 94612
510-452-9020 Main
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OFFICE HOURS

Monday- Friday 8:30 a.m. to 5:00 p.m.

CRISIS SERVICES

On-call staff availability 24 hours a day,
7 days a week



Services at Alameda AOT/CC

Services at Alameda AOT/CC include, but are not limited to:

- Recovery-focused, strength-based services
- Intensive case management/wraparound services
- Co-occurring disorder treatment
- 24/7 on-call staff response if needed
- Field-based services
- Peer-run activities
- Providing education and vocational services and training
- Linking up with housing specialists

“My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style.”

- Maya Angelou

Becoming a Partner with AOT

Call Alameda County ACCESS at 1-800-491-9099 for an AOT Screening. Individuals are evaluated by the county and referred to appropriate level of treatment. AOT services are court-ordered.

Becoming a Partner with CC

Community Conservatorship referrals come from John George Psychiatric Pavilion and are screened by the Public Guardian’s Office before partners are invited to voluntarily participate.

Admission Criteria

- Adults ages 18 and older.
- Resident of Alameda County.
- Clinical determination that the person is unlikely to survive safely in the community without supervision.
- Person’s condition is substantially deteriorating.
- Person has been offered chance to participate in development of their treatment plan for services and continues to fail to become involved.
- Have a history of lack of participation in a mental health program that have resulted in 2+ hospitalizations or incarcerations within the last 36 months, or have attempted to cause harm in the last 48 months.

Who Can Request AOT?

- Immediate family member
- Adults residing with the individual
- Director of treating agency, organization, facility, or hospital
- Treating licensed mental health professional
- Peace officer, parole or probation officer supervising the individual