

General



Sausal Creek Outpatient Stabilization Clinic

A service for people with urgent mental health needs

If you or someone you know is experiencing mental distress, you can call or visit Sausal Creek Outpatient Stabilization Services. Sausal Creek is here to provide support and resources to people who are having difficulties with coping and need help right now. Sausal Creek treats adults living in Alameda County who are at least 18. We cannot accept medical emergencies.

Sausal Creek is a voluntary program.

It is a safe, respectful environment where people in crisis can receive mental health services 24-hours-a-day, 7-days-a-week. People can leave any time they choose. Sausal Creek is operated by Telecare Corporation under contract with Alameda County.

Treatment services:

- Rapid access to a psychiatrist, nurses and licensed clinical staff. Psychiatric services are available at all times.
- Intensive assessment and medication evaluation.
- Problem resolution assistance.
- Supportive counseling.
- Appropriate linkage with community supports and services.
- Follow-up visits and/or contacts.

Other services such as food, showers or transportation are available if necessary.

2620 26th Ave., Oakland, CA 94601, (510) 437-2363

Open 24/7. Call or walk-in.

Ring the intercom bell at all times for service.



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Police

Sausal Creek Outpatient Stabilization Clinic: A Resource for Law Enforcement

Sausal Creek is a county-funded program aimed at helping people who are experiencing a mental health crisis. It is NOT an ER or private hospital. Services are available for anyone residing in Alameda County. Sausal Creek is an **alternative to the ER** and a safe place for people in crisis to get help.

When in doubt — Sausal Creek vs. ER — bring or refer people to Sausal Creek (if they want), or call the program for help in deciding.

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Open 24/7. Ring the intercom bell at all times for service.



Suggestions for How to Offer Sausal Creek's Services to Someone

When someone is experiencing a mental health crisis, they may not know where to turn for help. As a police officer, you can suggest Sausal Creek as an alternative to the ER, and also as a resource for them. Let them know that it is not a hospital, and that they can leave at any time. Food and a shower are available if needed. Staff will help the person through the crisis and with follow-up care.

Who this program is for: Sausal Creek treats adults living in Alameda County who are having a mental health crisis. We accept 5150s (please call ahead for 5150s). This includes people with drug & alcohol problems which are complicating their mental health issues.

We cannot accept people under 18, medical emergencies, or people with extremely violent tendencies.



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