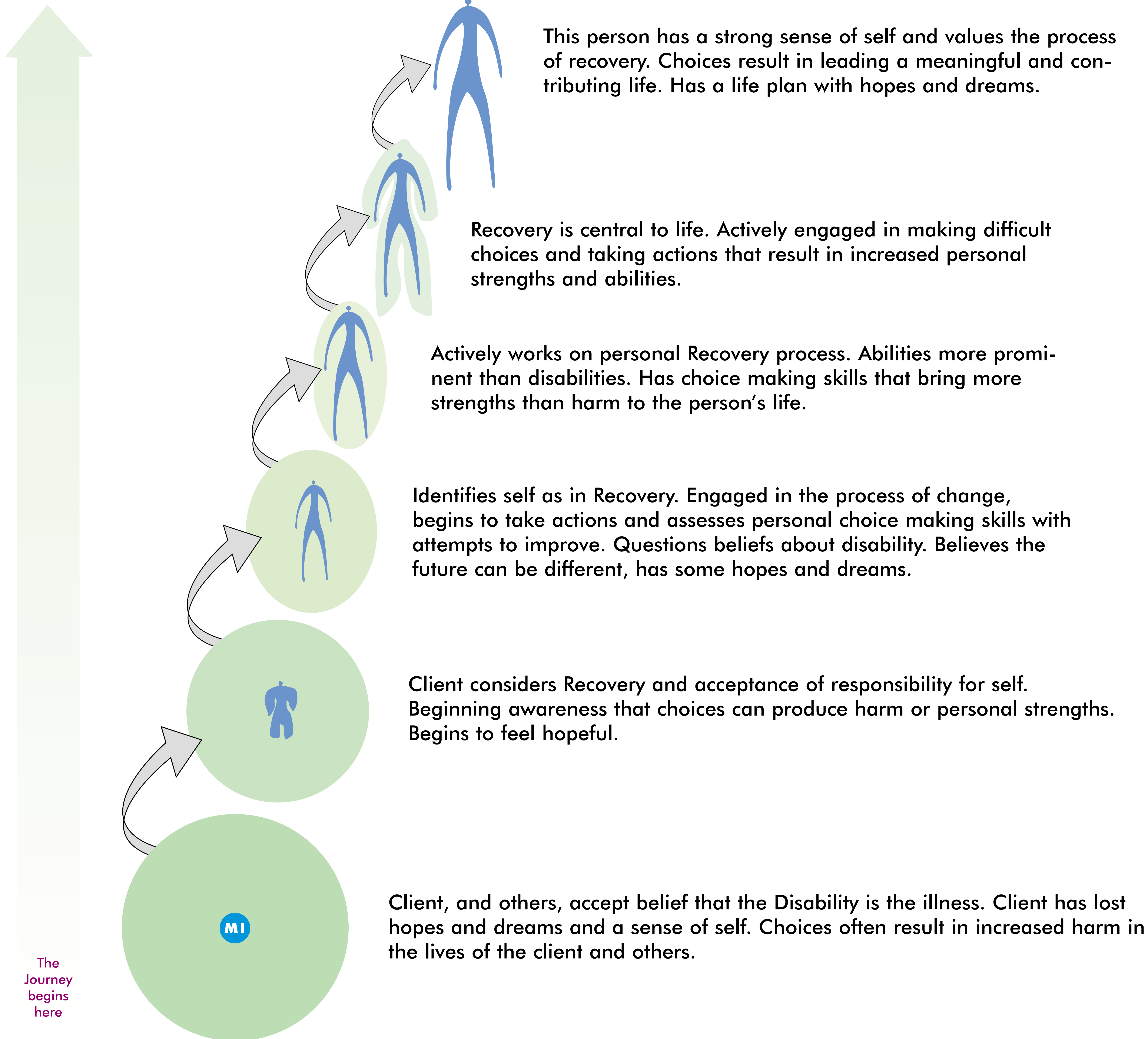


Recovery: The Journey



The Journey

Clients begin to believe that they are more than the disability – more than an illness and its accompanying personal, family, and treatment effects. They begin to have hope and accept responsibility for their actions and choices. They actively work to make choices to help them fulfill their dreams. They begin to recognize themselves, their strengths and their recovery as unique and sacred.

The Definition of Recovery

The individual's process of self-discovery that involves healing physically and emotionally as s/he grows. It includes redefining a sense of self, and recovering important life roles, overcoming the challenge of the disability. The process of Recovery is different for every individual, yet shares many essential components, and thus is a common human experience.



The Self



The Disability