

# Power-Ful Ways to Make a Difference

## We can:

1. Recognize that one's recovery is sacred.
2. Give up power over others.
3. Leave each exchange with the other person having an increased sense of personal power.
4. Make power visible. Talk about it.
5. Acknowledge our own need to feel powerful.
6. Be aware of our own cultural and spiritual beliefs, allowing others to discover their truths.
7. Know warning signs for potential power crimes.
8. Fight:
  - ~ Our own power inclinations
  - ~ The power distribution defined by our culture
  - ~ Others' conditioned assumptions of powerlessness
9. Share the wealth!

