

Mental Health Urgent Care Center @ Long Beach

A place for people with urgent mental health needs

When people are experiencing mental health crises and need help, they can come to the Mental Health Urgent Care Center @ Long Beach. As a consumer-focused program, its goals are to provide immediate relief to people in distress and to help them maintain stability in their lives. The program is designed to help people avoid involuntary hospitalization, psych ER visits and incarceration.

The MHUCC is operated by Telecare under contract with the Los Angeles Department of Mental Health. It is a family and provider friendly program. It is NOT an emergency room or private hospital.

The Mental Health Urgent Care Center

6060 Paramount Blvd. Long Beach, CA 90805

(562) 790-1860

Open Monday through Friday, 8 a.m. to 7 p.m.

No appointment necessary.

Receptionist on site from 8 a.m. to 5 p.m.

- Rapid access to psychiatrist, nurses and licensed clinical staff. No long delays in the waiting room.
- A safe, respectful environment for people in distress.
- Medication evaluation and services available.
- Nourishment available.
- Appropriate referrals to other community resources.
- Follow up visits or contacts.
- It's not a hospital. It's a voluntary program. Clients can leave anytime they want.

- **Services are available for:** Adults living in Long Beach and surrounding areas who are having a mental health crisis. This can include people with drug & alcohol problems that are complicating their mental health issues.
- **Services are NOT for:** People who are under 18, having a medical emergency, or who are a danger to themselves or others. These individuals must go to the Emergency Room.
- For more information about referring a family member or friend, call **(562) 790-1860**.
- **Languages:** The MHUCC can offer services in a variety of languages, including English, Spanish, Tagalog, Samoan, and others. Translation services are also available.



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