



Multnomah CATC

At Multnomah Crisis and Treatment Center (CATC), we provide comprehensive mental health and psychiatric treatment services in a safe, welcoming inpatient environment for adults with serious mental illness.

We believe recovery starts from within, and that our job is to do whatever it takes to provide the support you need on your recovery journey. Our 16-bed facility includes a full team of peer supports, clinicians, a nurse, a psychiatrist, and recovery specialists who are here to provide support 24 hours a day.

Our services emphasize choice-making skills and harm-reduction techniques. CATC offers a safe, respectful environment where you can receive immediate, individualized assistance and a compassionate presence to stabilize symptoms, avoid the need for higher levels of care, and receive appropriate referrals to community-based resources.

What to Expect

Your recovery plan starts with you. Upon arrival, a diverse clinical team will provide an individualized assessment and work with you every step of the way to support your goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationship we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are your partners in recovery.

Our goal is to be a place that helps you thrive, despite any challenges you might face along the way. We want you to be the leader of your recovery journey, and to create the life you want for yourself.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

- PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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503-232-1099 Main
503-232-3854 Fax

OFFICE HOURS

24 hours a day, 7 days a week



Services at CATC

Services at CATC include, but are not limited to:

- Peer support
- Medication adjustment
- Psychiatric services
- Nursing
- Recovery specialist therapy services
- Discharge coordination & community linkage

Accessing CATC Services

Referrals can be made by community outreach workers, emergency departments at area hospitals, and community walk-in clinics, as well as from the local psychiatric emergency service unit: Unity Center.

Referrals can also be submitted via a link on our website. If the client has Care Oregon insurance and using MTF funding referrals can be submitted via email.

Referrals can be made through the Multnomah County Mental Health Call Center at 503-988-4880.

Who We Serve

- Adults ages 18 and older who have been diagnosed with a serious mental illness
- Residents in Multnomah, Clackamas, and Washington County, Oregon who have Care Oregon insurance.

Our Story

Founded in 1965, Telecare is one of the nation's largest family- and employee-owned providers of adult mental health services to county and state governments, and behavioral health organizations. Telecare provides a full range of services and supports to individuals with complex behavioral health needs, and delivers innovative programs tailored to individuals with co-occurring issues such as homelessness, substance use, developmental disabilities, or involvement in the criminal justice system.

This program is funded by Care Oregon and Multnomah Treatment Fund.