



Redwood Place MHRC

Mental Health Rehabilitation Center

At Redwood Place Mental Health Rehabilitation Center (MHRC), we provide an environment in a voluntary setting where residents have increased control, responsibility, and choice, supporting their ability to build relationships and reintegrate into their community.

Our longer-term recovery program provides a supportive, structured, and secure inpatient environment designed to help clients prepare to move to the community and/or lower levels of care. Our 15-bed facility includes a multidisciplinary staff of clinicians, nurses, rehabilitation therapist, residential counselor and peers on-site and on-call 24 hours a day to provide wraparound support.

Our services are designed using Telecare's Recovery-Centered Clinical System (RCCS). This system emphasizes choice-making skills, harm-reduction techniques and strives to awaken your hopes and dreams. The RCCS emphasizes "no-force first" practices. Staff work with you to build the independence and self-responsibility needed in order to successfully transition you back to lower levels of care.

What to Expect

A recovery plan starts with the individual. Upon arrival, our diverse clinical team provides individualized assessments and works with people every step of the way to support their goals in life.

Our culture is based on recovery. We believe in respect and non-judgment, and we celebrate individual uniqueness. We care about the interpersonal relationships we develop so we can foster a supportive program setting.

Our staff are passionate, resourceful, and motivated. They are partners throughout the recovery journey.

Our goal is to be a tool that helps people thrive no matter the obstacles, so they can be the leaders of their own recovery journeys and personal growth.

“The goal of recovery is not to become normal. The goal is to embrace the human vocation of becoming more deeply, more fully human.”

— PATRICIA DEEGAN, PHD, FOUNDER OF COMMONGROUND



CONTACT

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OFFICE HOURS

24 hours a day, 7 days a week



Services at Redwood Place MHRC

Services include, but are not limited to:

- Collaborative treatment planning with a recovery focus
- Comprehensive evaluation and risk assessment
- Symptom management skills training
- Crisis planning and prevention
- Supportive counseling (group and individual)
- 24-hour nursing, 7 days a week
- Medication administration, education, and training
- Independent living skills training
- Dietary consultation
- Psychosocial assessments

Becoming a Resident

Residents are referred through contracted California Regional Centers.

Admission Criteria

We serve Regional Center adult residents who have a severe mental illness and co-occurring developmental disability, who require 24-hour residential treatment. They must be assessed as being able to cognitively benefit from the program, and consent to be treated at Redwood Place.

Our Story

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations.

This program is funded by the Regional Center of the East Bay and Golden Gate Regional Center.