

## About Telecare

Telecare is a family- and employee-owned company that has been treating individuals with serious mental illness since 1965. We specialize in innovative, outcomes-driven services for high-risk individuals with complex needs.

Our programs are recovery-focused and clinically effective and are designed in partnership with local, county, state and other behavioral health organizations. We currently provide services in multiple states and have more than 3,000 employees.

## Telecare's Mission

Deliver excellent and effective behavioral health services that engage individuals with complex needs in recovering their health, hopes, and dreams.

## Non-Violence Statement

La Paz is a place to heal. To be a healing place, there are certain expectations and contributions of everyone in the community. One of those expectations is that we will work to keep this a violence-free environment.

## Hours of Operation

Visiting Hours: 10:00 a.m. to 8:00 p.m.

## Contact Information

8835 Vans Street  
Paramount, California 90723  
562-633-5111 Main  
562-408-1120 Fax

### TELECARE CORPORATE OFFICE

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# La Paz

## Gero-Psychiatric Center



8835 Vans Street  
Paramount, California 90723  
562-633-5111 Main  
562-408-1120 FAX



# What to Expect

La Paz Gero-Psychiatric Center is a 148-bed locked Institute of Mental Disease (IMD) and Skilled Nursing Facility (SNF) which serves adults and older adults with severe and persistent mental illnesses, who may also have medical complications or neuro-behavioral disorders. La Paz maintains a multidisciplinary team made up of psychiatrists, medical doctors, nurses, social workers, dietitians, and rehabilitative staff.

## Referrals

Residents are conserved by Los Angeles Public Guardians Office (LAPG) and referred to La Paz by the Los Angeles Department of Mental Health (LADMH)–County Wide Resource Management. Privately conserved residents not referred by LADMH are also accepted. La Paz maintains contractual agreements with several other counties from whom it accepts admissions as well.

## Treatment

Treatment at La Paz is based on the philosophy that all individuals have the potential to improve their level of functioning and make choices that impact their quality of life. The goal of La Paz is to reduce the symptoms of severe mental illness; provide safe, effective medical and psychiatric treatment to all residents; and allow individuals more choice and involvement in their treatment.

Residents are offered a variety of activities during their stay, including:

- Therapeutic groups
- Dance class
- Yoga
- Pet therapy
- Movie night
- Wii, karaoke, and table games
- Group outings, strolls
- Lending library
- Clothing boutique
- Religious services
- Special events: basketball games, baseball games, etc.

## Services & Supports

- Personalized recovery planning
- Risk-focused assessment and intervention
- Psychiatric assessment and treatment
- Physical health assessment and treatment
- Psychosocial rehabilitation
- Medication administration and management
- Peer support services
- Dual diagnosis services based on engagement and harm reduction
- Crisis intervention and stabilization
- Supporting individuals in enhancing role performance in living situations
- Dental, vision, hearing, physical therapy, and podiatry are also addressed on site

## Who is Served

Adults aged 50 and older who have been diagnosed with a serious mental illness.

## Take a Tour

The staff of La Paz would like to invite you to visit our facility so that we can assist you in meeting the needs of your referrals. We are also happy to provide consultations to assure our facility is beneficial to the perspective resident and will support their recovery.